



**SPORTS 2013**

**WIN**

# 2012-13 Sports Calendar

Sports	First Practice	First Contest	End Of Season	Contests Allowed*	Tournaments Allowed+
<b>F A L L</b>					
<b>Volleyball</b> Varsity Jr. High/Middle	Aug. 2 Aug. 2	Aug. 23 Aug. 23	Oct. 31 Oct. 10	15 dates 10 dates	weekends only++ weekends only++
<b>Football</b> Varsity Jr. High/Middle	Aug. 6 Aug. 6	Aug. 30 Aug. 30	Dec. 7 Nov. 3	10 8	n/a n/a
<b>Cross Country</b> Varsity Jr. High/Middle	Aug. 6 Aug. 6	Aug. 30 Aug. 30	Nov. 10 Oct. 20	10 8	n/a n/a
<b>Swimming</b>	Aug. 6	Aug. 30	Dec. 1	8	n/a
<b>W I N T E R</b>					
<b>Basketball</b> Girls Varsity Boys Varsity Jr. High/Middle	Oct. 15 Oct. 15 Sept. 17	Nov. 5 Nov. 5 Oct. 8	March 2 March 2 Feb. 16	20 20 16	3 3 3
<b>Wrestling</b> Varsity Jr. High/Middle	Oct. 29 Oct. 22	Nov. 19 Nov. 12	Feb. 16 Feb. 9	14 dates 8 dates	weekends only++ weekends only++
<b>Indoor Track</b> Varsity Jr. High/Middle	Nov. 16 Nov. 16	Dec. 7 Dec. 7	Feb. 2 Jan. 26	4 3	1 holiday meet++ 1 holiday meet++
<b>S P R I N G</b>					
<b>Tennis</b> Girls Varsity Boys Varsity Jr. High/Middle	Jan. 14 Jan. 14 Jan. 14	Feb. 4 Feb. 4 Feb. 11	April 26 April 26 April 13	18 dates 18 dates 10 dates	3 3 2
<b>Soccer</b> Varsity Jr. High/Middle	Jan. 21 Jan. 21	Feb. 11 Feb. 11	May 11 April 27	20 14	2 2
<b>Softball</b> (throwing 1-7**) Varsity Jr. High/Middle	Jan. 28 Jan. 28	Feb. 18 Feb. 18	May 18 May 3	18 games 14 games	7 5
<b>Baseball</b> (throwing 1-7**) Varsity Jr. High/Middle	Jan. 28 Jan. 28	Feb. 18 Feb. 18	May 18 April 18	18 dates 14 dates	2 2
<b>Golf</b> Girls Varsity Boys Varsity Jr. High/Middle	Jan. 28 Jan. 28 Jan. 28	Feb. 18 Feb. 18 Feb. 18	May 14 May 14 April 27	14 dates 14 dates 8 dates	Only weekday tourneys included in playing dates.
<b>Outdoor Track</b> Varsity Jr. High/Middle	Feb. 8 Feb. 8	Mar. 1 Mar. 1	May 4 April 25	10 8	n/a n/a
<p align="center"><b>KEYS &amp; EXPLANATIONS</b></p> <p>*=Includes only regular season contests per school.      **Throwing conditioning (gloves &amp; balls only)</p> <p>+=Not counted as playing dates.      ++=Must be held with no loss of school time      n/a=Not applicable</p> <p><b>NOTE:</b> In all sports, a team's season ends when the team is eliminated in the state championship program. A team's season begins the day of its first contest in that sport.</p>					

# **WINTER SPORTS 2013**

**Published by**



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National Federation of State High School Associations*

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# Alabama High School Athletic Association

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# Contents

Topic	Page
<b>BASKETBALL</b>	
The Championship Program .....	5
Area Alignment .....	7
Special Rules .....	19
Cheerleading .....	19
Artificial Noisemakers .....	20
Gym Criteria .....	20
Seeding-Drawing Meeting .....	21
Tiebreaking Procedure .....	23
Admission Regulations .....	25
Tournament Officials .....	25
Awards .....	26
Area Tournaments .....	26
Sub-Regional Games .....	28
Sub-Regional Pairings .....	29
Regional Tournaments .....	32
Regional Brackets .....	33
Final 48 Championships .....	41
Final 48 Brackets .....	42
<b>WRESTLING</b>	
The Championship Program .....	47
Weight Certification Program .....	48
Maximum Officiating Fees .....	52
Section Alignment .....	53
Section Tournaments .....	54
State Tournament .....	57
<b>INDOOR TRACK</b>	
The Championship Program .....	63
Special Rules .....	65
State Meet .....	67
Schedule .....	68

### **PLAY BY THE RULES**

Mutual agreements to violate NFHS playing rules or AHSAA rules are not permitted and may result in the suspension of the schools involved. Protests of high school athletic contests are not recognized by the NFHS and the AHSAA unless specifically provided by the NFHS Rules code in a particular sport.

### **PARTICIPATION REMINDER**

A school that sponsors a team or an individual in any sport competition and elects not to participate in the championship program is subject to penalty, which could include suspension from championship play for the remainder of the classification period.

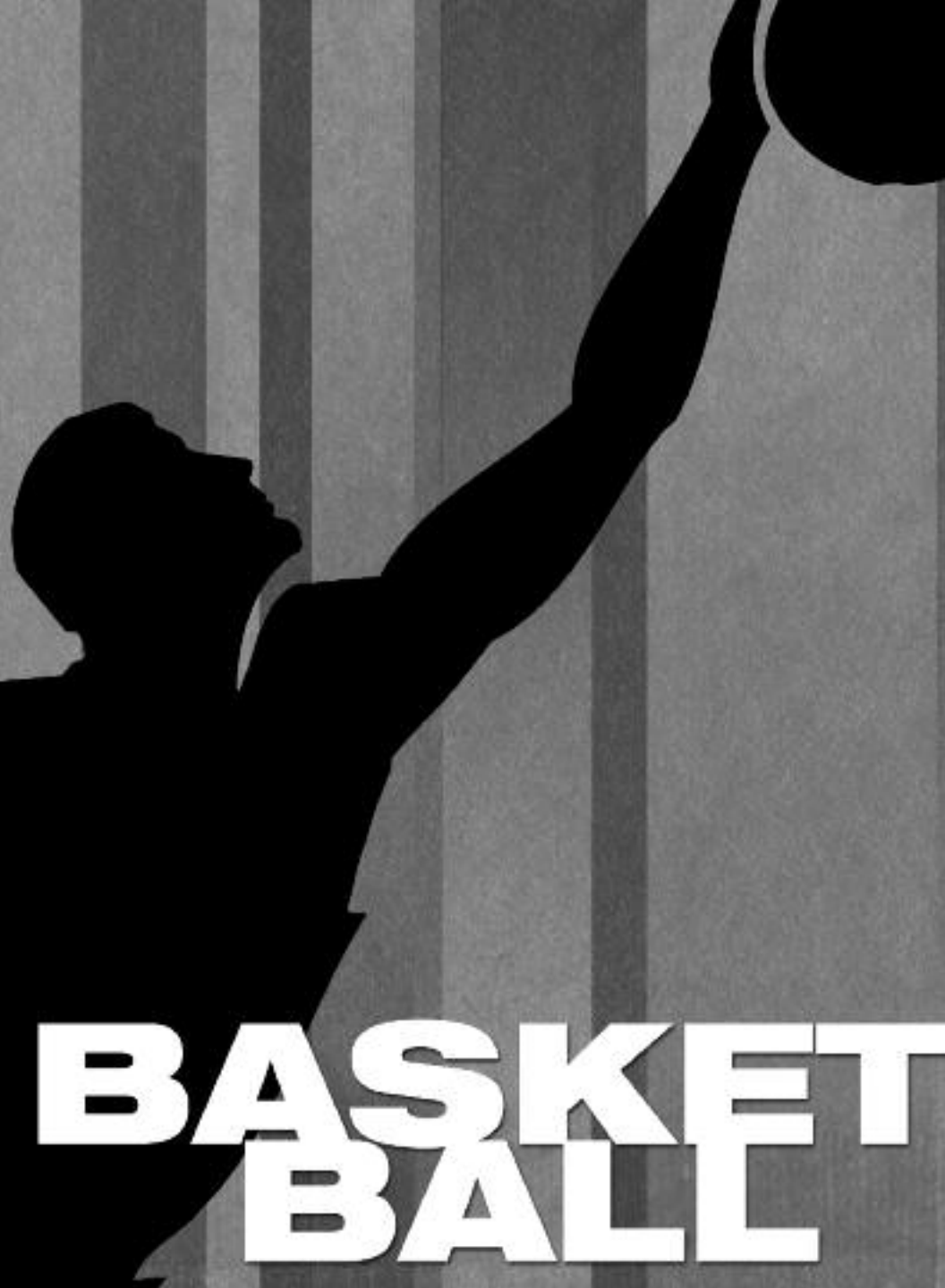
### **FILMING AND TAPING**

A school shall not video tape nor film any contest in which it is not involved unless it has received permission from both participating schools.

### **HOST SCHOOL'S RESPONSIBILITY**

It will be the responsibility of the host school to make certain the visiting team fans have a separate, designated place to sit, free from any harassment of home fans. In cases where this is prohibitive because of the facilities, the host school assumes responsibility of providing adequate security to prevent such harassment. Also the host school must provide adequate security for game officials.

**Shaded areas indicate major changes from the 2012 book.**



# BASKET BALL

**Coaches Basketball Committee**  
**(Listed By Districts)**

(1) Jeb Blackerby, Baker; Charlie Shipp, Davidson. (2) Mike Henry, Eufaula; Scott Kinsaul, Straughn; Bi-District – Kenny Hill, Enterprise. (3) Woodie Jackson, Selma; Eric Bailey, Maplesville. (4) Stephen Davis, Smiths Station; Devin Booth, Opelika; Bi-District – Joe Belyeu, Central-Coosa. (5) George Hatchett, Vestavia Hills; Tiffany Frederick, Hoover. (6) Doug Ward, Cleburne County; Jeremy Brooks, Gadsden City; Bi-District – Sheroderick Smith, Winterboro. (7) Scott Veal, Phillips; Donnie Roberts, Red Bay. (8) Patrick Harding, Albertville; Carey Ellison, Pisgah.



# The Championship Program

**First Practice—Oct. 15    First Contest—Nov. 5**

## **Online Requirements For All Sports**

### **POSTING SCHEDULES**

Schools must post season schedules on the AHSAA website Member Section by the deadline dates listed below. Failure to do so could result in a fine assessed to the school. Schools may go online and make any changes immediately as they occur.

Deadlines for posting schedules:

March 1 — fall sports (football, volleyball, cross country, swimming)

Sept. 15 — winter sports (wrestling, basketball, indoor track)

Jan. 15 — spring sports (baseball, softball, outdoor track, soccer, golf and tennis)

### **POSTING ROSTERS**

Schools are required to post team rosters prior to its first contest of the season.

### **POSTING SCORES**

Schools are also required to post scores of contests online immediately following all contests in the regular season (and within 24 hours after regular season tournaments) and in the playoffs or be subject to a fine.

In the post-season playoffs, failure to report scores immediately after a contest will subject the school to a fine.

1. Senior high schools are divided into six classifications - 1A, 2A, 3A, 4A, 5A and 6A. Each classification is divided into 16 areas with a minimum of three and a maximum of six schools in each area. The alignment of schools is the same for both the boys and girls programs.
2. Schools are permitted to play 20 regular season games and three tournaments prior to area, sub-regional, regional and State Finals play. Two of the three tournaments permitted during the regular season must be held during school holiday periods. Other than the three allowable tournaments, a four-team single elimination tournament on Friday and Saturday (or Saturday only) with no loss of school time may count as two regular season games.

Each junior high or middle school is limited to 16 regular season games and three tournaments. One of the tournaments must be held during a school holiday period. Other than the three allowable tournaments, a four-team single elimination tournament on Friday and Saturday (or Saturday only) with no loss of school time may count as two regular season games.

**Note:** A tournament is defined as an organized competition in a sport that finally results in determining a champion. In basketball, tournaments using elimination and round-robin formats may be sanctioned. A tournament must involve three or more teams and is usually played at one site.

3. All participants must be eligible under AHSAA rules.
4. All games will be conducted under National Federation rules, including the conduct rules for participants. The conduct of coaches falls under the AHSAA Conduct Rule.
5. During regular season games only, at all levels of competition, a running clock will be used when a team has a 30-point advantage in the fourth quarter. The running clock remains in effect for the remainder of the contest.
6. Spring basketball practice is permitted for a maximum of 5 days during any consecutive 10 school day calendar period any time during the second semester. Spring holidays will not be counted as calendar days for schools that do not use these days to conduct spring practice.
7. It is the responsibility of each member school to make sure all officials and clock operators used are registered with the AHSAA. Please see officials' fee information on page 29.
8. Scorekeepers for regular season, area and playoff varsity games must be at least 18 years of age and must wear a black and white, vertically striped shirt. A student scorekeeper must be a senior and meet the age requirement.
9. Clock operators for regular season, area and playoff varsity games must be registered with the AHSAA and be at least 19 years of age. Clock operators for junior high and middle school games must be 17 years of age.

# Area Alignment

## CLASS 1A

### AREA 1

Coordinator: David Miller,  
Marengo

J.U. Blacksher  
Fruitdale  
Marengo  
McIntosh  
Saint Luke's

### AREA 2

Coordinator: Rodney Nichols,  
Pleasant Home

Floral  
Geneva County  
Kinston  
Pleasant Home

### AREA 3

Coordinator: Dodd Hawthorne,  
Brantley

Brantley  
Georgiana  
McKenzie  
Red Level  
J.F. Shields

### AREA 4

Coordinator: Lepolean Peterson,  
A.L. Johnson

Akron  
John Essex  
A.L. Johnson  
Linden  
Sunshine

### AREA 5

Coordinator: Maggie Hicks,  
Maplesville

Autaugaville  
Billingsley  
Ellwood Christian  
Keith  
Maplesville

### AREA 6

Coordinator: Jim Wilkerson,  
Loachapoka

Loachapoka  
Notasulga  
Saint Jude  
Verbena  
Wadley

### AREA 7

Coordinator: Craig Bates,  
Winterboro

Alabama Sch. For Deaf  
Fayetteville  
Talladega Co. Central  
Westminster-Oak Mtn.  
Winterboro

### AREA 8

Coordinator: Tim Dunavant,  
Hubbertville

Berry  
Holy Spirit  
Hubbertville  
Pickens County  
South Lamar

**AREA 9**

Coordinator: Mark Hitt,  
Appalachian

Appalachian  
Jefferson Christian  
Parkway Christian  
Shades Mtn. Christian  
Southeastern

**AREA 11**

Coordinator: Bruce Maples,  
Woodville

Skyline  
Paint Rock Valley  
Valley Head  
Whitesburg Christian  
Woodville

**AREA 13**

Coordinator: Jack Hayes,  
Brilliant

Brilliant  
Lynn  
Marion County  
Parrish  
Sumiton Christian

**AREA 15**

Coordinator: John Hardin,  
Hackleburg

Belgreen  
Hackleburg  
Phillips  
Tharptown  
Vina

**AREA 10**

Coordinator: Mike Welsh,  
Spring Garden

Cedar Bluff  
Collinsville  
Coosa Christian  
Gaylesville  
Spring Garden

**AREA 12**

Coordinator: Roger Wilkinson,  
Ragland

Donoho  
Faith Christian  
Jacksonville Christian  
Ragland  
Sacred Heart

**AREA 14**

Coordinator: Keith Wilemon,  
Falkville

Addison  
Decatur Heritage  
Falkville  
Meek  
Saint Bernard

**AREA 16**

Coordinator: Tom Hughes,  
Shoals Christian

Athens Bible  
Covenant Christian  
R.A. Hubbard  
Shoals Christian  
Waterloo

## CLASS 2A

### AREA 1

Coordinator: David Wofford,  
Washington Co.

Flomaton  
Leroy  
Mobile Christian  
Washington County

### AREA 3

Coordinator: Scott Stephens,  
Houston Co.

Cottonwood  
Houston Academy  
Houston County  
Providence Christian

### AREA 5

Coordinator: John Carter,  
Millry

Choctaw County  
Millry  
Southern Choctaw  
Sweet Water

### AREA 7

Coordinator: Richard McCray,  
Hale Co.

Aliceville  
Francis Marion  
Hale County  
R.C. Hatch

### AREA 2

Coordinator: Bob Hartwell,  
Zion Chapel

Elba  
Goshen  
New Brockton  
Zion Chapel

### AREA 4

Coordinator: Jason Steed,  
G.W. Long

Ariton  
G. W. Long  
Samson  
Wicksburg

### AREA 6

Coordinator: Kenneth Fair,  
Calhoun

Calhoun  
Central-Hayneville  
Highland Home  
Luverne

### AREA 8

Coordinator: Tom Cochran,  
Reeltown

Isabella  
Montgomery Academy  
Prattville Christian  
Reeltown

**AREA 9**

Coordinator: Casey Davis,  
Horseshoe Bend  
Horseshoe Bend  
Lafayette  
Lanett  
Randolph County

**AREA 11**

Coordinator: Mark Stancil,  
West End  
Gaston  
Sand Rock  
Westbrook Christian  
West End

**AREA 13**

Coordinator: Bill Gibson,  
Fultondale  
Altamont  
Fultondale  
Holy Family  
Victory Christian  
Vincent

**AREA 15**

Coordinator: Billy Owens,  
Tanner  
Hatton  
Lexington  
Sheffield  
Tanner

**AREA 10**

Coordinator: Donald Birchfield,  
Woodland  
Ohatchee  
Pleasant Valley  
Ranburne  
Walter Wellborn  
Woodland

**AREA 12**

Coordinator: Ricky Bryant,  
Fyffe  
Asbury  
Fyffe  
Ider  
North Sand Mountain  
Section

**AREA 14**

Coordinator: Tommy Youngblood,  
Cold Springs  
Lamar County  
Cold Springs  
Oakman  
Sulligent

**AREA 16**

Coordinator: Kenny Sparks,  
Red Bay  
Cherokee  
Colbert Heights  
Phil Campbell  
Red Bay

## CLASS 3A

### AREA 1

Coordinator: Mary Bell,  
T.R. Miller

Bayside Academy  
Cottage Hill Christian  
T.R. Miller  
W.S. Neal

### AREA 2

Coordinator: Clarence Jackson,  
Southside-Selma

Excel  
Opp  
Southside-Selma  
Straughn

### AREA 3

Coordinator: Michael McDuffie,  
Daleville

Dale County  
Daleville  
Geneva  
Slocumb

### AREA 4

Coordinator: Clarence Magee,  
Barbour Co.

Abbeville  
Barbour County  
Montomery Catholic  
Pike County

### AREA 5

Coordinator: Keith Bullard,  
Central-Coosa

B.B. Comer  
Central-Coosa  
Thorsby  
Trinity Presbyterian

### AREA 6

Coordinator: Kenneth Holder,  
Gordo

Gordo  
Greene County  
Greensboro  
Sipsey Valley

### AREA 7

Coordinator: Neal Guy,  
Holt

American Christian  
Fayette County  
Holt  
Northside

### AREA 8

Coordinator: Mike Turner,  
Leeds

Indian Springs  
Leeds  
Midfield  
Montevallo  
Tarrant

**AREA 9**

Coordinator: Charlton Giles,  
Glencoe

Ashville  
Cleveland  
Glencoe  
Susan Moore

**AREA 11**

Coordinator: Mark Guffey,  
Pisgah

Geraldine  
Pisgah  
Plainview  
Sylvania

**AREA 13**

Coordinator: Gilmer Ellis,  
Danville

Danville  
Good Hope  
Hanceville  
Vinemont

**AREA 15**

Coordinator: Keith Harris,  
West Morgan

Elkmont  
Madison Academy  
West Morgan  
Westminster Christian

**AREA 10**

Coordinator: Jerry Snow,  
Piedmont

Piedmont  
Saks  
Weaver  
White Plains

**AREA 12**

Coordinator: Kim Butler,  
Holly Pond

Brindlee Mountain  
Holly Pond  
J.B. Pennington  
New Hope

**AREA 14**

Coordinator: Jeff Cole,  
Winston Co.

Cordova  
Hamilton  
Winfield  
Winston County

**AREA 16**

Coordinator: Melcha Satchel,  
Colbert Co.

Clements  
Colbert County  
Deshler  
Lauderdale County  
Mars Hill Bible



## CLASS 4A

### AREA 1

Coordinator: Kyle Ferguson,  
Thomasville

Clarke County  
Escambia County  
Thomasville  
UMS-Wright

### AREA 3

Coordinator: Boyd English,  
Charles Henderson

Ashford  
Bullock County  
Charles Henderson  
Headland

### AREA 5

Coordinator: Richard Brown,  
Beauregard

Beauregard  
Beulah  
Central of Clay County  
Dadeville  
Handley

### AREA 7

Coordinator: Richard Bishop,  
Calera

Bibb County  
Calera  
Jemison  
West Blocton

### AREA 2

Coordinator: Daniel Shakespeare,  
Andalusia

Andalusia  
Hillcrest-Evergreen  
Monroe County  
Wilcox Central

### AREA 4

Coordinator: Brian Oliver,  
Saint James

Alabama Christian  
Brewbaker Tech  
LAMP  
Saint James  
B.T. Washington Magnet

### AREA 6

Coordinator: Jimmy Hull,  
Holtville

Childersburg  
Dallas County  
Elmore County  
Holtville  
Tallasse

### AREA 8

Coordinator: Ronald Cooper,  
Corner

Carbon Hill  
Corner  
Dora  
Oak Grove

**AREA 9**

Coordinator: Jeremy Lowry,  
Madison County

DAR

Madison County

North Jackson

Randolph

**AREA 11**

Coordinator: Mike Newell,  
Jacksonville

Alexandria

Cherokee County

Hokes Bluff

Jacksonville

**AREA 13**

Coordinator: Keith Bender,  
Oneonta

Fairview

Locust Fork

Oneonta

Saint Clair County

**AREA 15**

Coordinator: Stephen Howard,  
Brooks

Brooks

East Lawrence

Haleyville

Priceville

**AREA 10**

Coordinator: Ricky Murphy,  
Cleburne County

Anniston

Cleburne County

Lincoln

Munford

**AREA 12**

Coordinator: John Richey,  
Guntersville

Crossville

Douglas

Guntersville

Sardis

**AREA 14**

Coordinator: Tommy Hunter,  
Ardmore

Ardmore

Butler

J.O. Johnson

Pope John Paul II

**AREA 16**

Coordinator: Charlotte Craig,  
West Limestone

Central-Florence

Rogers

West Limestone

Wilson

## CLASS 5A

### AREA 1

Coordinator: Gerry Strang,  
Saint Paul's

Faith Academy  
LeFlore  
Saint Paul's  
Vigor

### AREA 3

Coordinator: Beverly Spondike,  
Saraland

Citronelle  
Jackson  
Saraland  
Satsuma

### AREA 5

Coordinator: Jay Reyes,  
Benjamin Russell

Benjamin Russell  
Marbury  
B.T. Washington  
Valley

### AREA 7

Coordinator: Sam Staggs,  
McAdory

Brookwood  
Central-Tuscaloosa  
McAdory  
Paul Bryant

### AREA 2

Coordinator: Marty McRae,  
Spanish Fort

Gulf Shores  
B.C. Rain  
Spanish Fort  
Williamson

### AREA 4

Coordinator: Steve Hawkins,  
Eufaula

Carroll  
Eufaula  
Rehobeth  
Russell County

### AREA 6

Coordinator: Leon Clark,  
Demopolis

Demopolis  
Greenville  
Selma  
Sumter Central

### AREA 8

Coordinator: Greg Dejarnett,  
Chilton County

Chilton County  
Shelby County  
Sylacauga  
Talladega

**AREA 9**

Coordinator: Dan Buczek,  
John Carroll

Briarwood Christian  
Homewood  
John Carroll  
Ramsay

**AREA 11**

Coordinator: Van Phillips,  
Center Point

Center Point  
Moody  
Pinson Valley  
Springville

**AREA 13**

Coordinator: Wayne Byram,  
Pleasant Grove

Fairfield  
Parker  
Pleasant Grove  
Wenonah

**AREA 15**

Coordinator: Jeff Hyche,  
Hartselle

Cullman  
East Limestone  
Hartselle  
West Point

**AREA 10**

Coordinator: Allen Johnson,  
Boaz

Boaz  
Etowah  
Fort Payne  
Southside-Gadsden

**AREA 12**

Coordinator: Jeremy Childers,  
Brewer

Arab  
Brewer  
Columbia  
Scottsboro

**AREA 14**

Coordinator: Allen Hargett,  
Hayden

Curry  
Hayden  
Mortimer Jordan  
Walker

**AREA 16**

Coordinator: Chris Bolen,  
Athens

Athens  
Lawrence County  
Muscle Shoals  
Russellville

## **CLASS 6A**

### **AREA 1**

Coordinator: Calvin Crist,  
Mobile Co. Schools

Alma Bryant  
Baker  
Davidson  
Theodore

### **AREA 3**

Coordinator: Johnny Cabaniss,  
Baldwin County

Baldwin County  
Daphne  
Fairhope  
Foley  
Robertsdale

### **AREA 5**

Coordinator: Clay McCall,  
Auburn

Auburn  
Central-Phenix City  
Opelika  
Smiths Station

### **AREA 7**

Coordinator: Richard Dennis,  
Prattville

Prattville  
Stanhope Elmore  
Thompson  
Wetumpka

### **AREA 2**

Coordinator: Calvin Crist,  
Mobile Co. Schools

Blount  
Mary Montgomery  
McGill-Toolen  
Murphy

### **AREA 4**

Coordinator: Matt Rodgers,  
Enterprise

Dothan  
Enterprise  
Northview

### **AREA 6**

Coordinator: Gary Hall,  
Carver-Montgomery

Carver-Montgomery  
Jeff Davis  
Lee-Montgomery  
Sidney Lanier

### **AREA 8**

Coordinator: Robert Lavett,  
Pelham

Chelsea  
Oak Mountain  
Pelham  
Spain Park

**AREA 9**

Coordinator: Trey Holladay,  
Oxford

Clay-Chalkville  
Gadsden City  
Oxford  
Pell City

**AREA 10**

Coordinator: Paul McAbee,  
Albertville

Albertville  
Grissom  
Huntsville  
Lee-Huntsville

**AREA 11**

Coordinator: Terry Cooper,  
Mountain Brook

Mountain Brook  
Shades Valley  
Vestavia Hills  
Woodlawn

**AREA 12**

Coordinator: Zack Barnes,  
Hewitt-Trussville

Carver-Birmingham  
Gardendale  
Hewitt-Trussville  
Huffman

**AREA 13**

Coordinator: Reba Caldwell,  
Tuscaloosa County

Bessemer City  
Hillcrest-Tuscaloosa  
Northridge  
Tuscaloosa County

**AREA 14**

Coordinator: Don Hulin,  
Hoover

Hoover  
Hueytown  
Jackson-Olin  
Minor

**AREA 15**

Coordinator: Robby Parker,  
Bob Jones

Bob Jones  
Buckhorn  
Hazel Green  
Sparkman

**AREA 16**

Coordinator: Mike Ward,  
Decatur

Austin  
Decatur  
Florence  
James Clemens

## Special Rules

1. Regular season games are not permitted after the state playoff begins.
2. Invitational, county, conference and league tournaments must be completed before the week of the area tournaments. The AHSAA receives 5 per cent of gross receipts less taxes from all tournaments except area and state playoffs. Form 17 must be filed with the State Office after the completion of each tournament.
3. A student may participate in only one level of competition on the same day or in the same event (county, conference and league tournaments, etc.). Junior high players may be moved to a higher level after completion of their season and its culminating event (city, county tournament, etc.).
4. Wilson Wave balls must be used for all area, sub-regional, regional and state finals play.
5. Each school in the championship program MUST submit online a Basketball Tournament Roster to the State Office before Jan. 31 and also to the area tournament director at the area seeding-drawing meeting.

### CHEERLEADING

1. Cheerleaders should be seated in front of their student section and will only be allowed on the floor or sidelines during timeouts and between quarters of the game. Cheerleaders may use the sideline or end line areas before games so long as they do not interfere with the pregame warm-up.

It is the responsibility of each school's administration coaching staff and cheerleader sponsors to see that their cheerleaders conform to this rule. Since it is not a playing rule and is not included in the National Federation Basketball Rules book, it is not the responsibility of the game officials to enforce the rule.

If the officials observe the cheerleaders not following the rule and/or if the cheerleaders are in any way interfering with the game or the maneuvering of the game officials, then the officials will call it to the attention of the coaching staff or school administrators of the responsible school.

Schools should instruct all cheerleaders that they must follow this procedure during all interscholastic games.

2. The use of megaphones by cheerleaders is prohibited at all basketball games.

## ARTIFICIAL NOISEMAKERS

Artificial noisemakers are prohibited at all basketball games. No thunder sticks, cowbells, drums, air horns or other artificial noisemakers may be used. It is permissible to have pep bands and other music groups, but they may play only during timeouts and when the ball is not “alive” during a game.

## Gym Criteria

In order to accommodate the games, teams and spectators, each host school in play-off competition must provide a facility that meets the minimum standards. In all area and sub-regional playoff games, the home team is responsible for providing a gym that meets these minimum requirements:

- a. The court shall be at least 84' long (may not be longer than 94') and 50' wide with clear contrasting markings.
- b. If the end line is less than 15' from an obstruction, the latter shall be padded in the area under the goal.
- c. There should be a 3-foot clearance from the bleachers to the sidelines. If it is impossible to provide a 3-foot clearance, a narrow broken 1-inch line shall be marked inside the court parallel with, and 3 feet inside, the boundary.
- d. The area above the court must be clear of any obstruction and at least 25 feet high.
- e. The floor shall be marked as outlined on Pages 6, 7 and 8 of the National Federation Basketball Rules book. The court shall include “coaching boxes” in accordance with Rule 10-5-3 adopted by the AHSAA.
- f. Backboards (with ring restraining devices) shall be rectangular glass boards with official protective padding on the bottom and 15" up each side.
- g. A gym for Class A and 2A area and sub-regional games shall have a minimum seating capacity of 300; Class 3A and 4A-500; Class 5A and 6A-700.
- h. Dressing rooms with hot and cold showers for both teams must be provided.
- i. An officials' dressing room with hot and cold showers available must also be provided.



## Seeding-Drawing Meeting

**DATES AND SITES:** To be set by the area coordinator in order to meet the reporting deadline.

**REPORTING DEADLINE:** Area tournament brackets must be received by the State Office no later than 10 a.m. Jan. 31. Brackets must include site, game times and dates.

**ATTENDANCE REQUIREMENT:** Each school with a girls and/or boys team **MUST** have a representative at the meeting in order to participate in the area tournament.

**COACH'S RESPONSIBILITY:** The coach of each area team in a tournament, including the host school coach(es), must submit online its Tournament Roster to the area coordinator and also to the State Office by Jan. 31.

### **COORDINATOR'S RESPONSIBILITIES:**

- (a) Set the date and time for the area drawing meeting and notify the area schools.
- (b) Supervise the seeding and drawing of the area tournament brackets (girls and boys) by the participating schools, including setting suitable game times for schools in the tournament.
- (c) Make sure that the host school meets the gym criteria.
- (d) Fill out Form 43A online and email the complete area tournament brackets (including site, game times and dates) to the State Office before 10:00 a.m. on Jan. 31.
- (e) Mail or email a copy of the area tournament brackets to the participating schools.
- (f) Make sure all area teams have posted their rosters online.
- (g) Mail copies of all tournament rosters to the school hosting the area tournament.

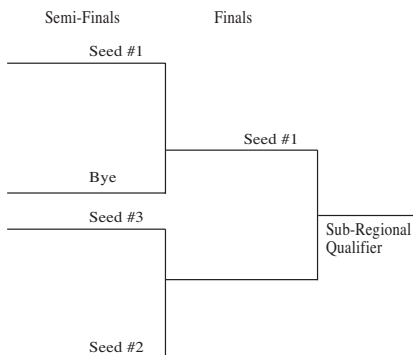
**SEEDING:** In order to qualify for the area tournament, each team in the area must play each area opponent two regular season games prior to the seeding meeting. All area games must be played. Failure to play all area games could result in fines, probation and/or disqualification from the area tournament.

Seeding will be based on won-loss percentage against area teams that qualify for its area tournament. If a team plays a qualifying area team more than twice prior to the seeding meeting, only the first two regular season games will count for seeding purposes.

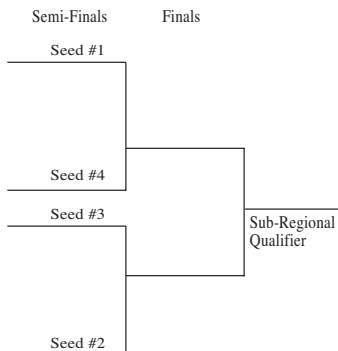
The No. 1 seeded team will host the area tournament. If the No. 1 seeded team does not wish to host the area tournament or cannot provide a facility which meets the gym criteria minimum standards, the No. 2 seed will host the area tournament.

Brackets with seeding:

### 3-TEAM AREA



### 4-TEAM AREA



### 5-TEAM AREA



## Tie-Breaking Procedure

In the event there is a winning percentage tie by two or more teams for a certain seed, that seed will be determined by applying the following tiebreaking factors in the order listed, beginning with (a) for two teams or (aa) for more than two teams.

A tie for the highest seed will be resolved first, then the next highest seed will be resolved by applying the same tiebreaking factors in the order listed, beginning with (a) or (aa) as determined by the number of teams in the tie.

If a certain tiebreaker does not apply to the tie being resolved, apply the next factor in the order listed.

The tiebreaking factors:

### If Two Teams Tie

- (a) ...the team which defeated the other in both regular season games will be seeded ahead of the other.
- (b) ...and the two teams split their two regular season games, the team with the highest winning percentage against the No. 1 seeded team will be seeded ahead of the other. If the tie is for the No. 1 seed, apply (d) and the remaining tiebreakers in order as necessary.
- (c) Apply (b) using winning percentage against the No. 2 seeded team;
- (d) Apply (b) using winning percentage against the No. 3 seeded team;
- (e) Apply (b) using winning percentage against the No. 4 seeded team;
- (f) Apply (b) using winning percentage against the No. 5 seeded team.
- (g) Apply (b) using winning percentage against the No. 6 seeded team;
- (h) By a flip of a coin.

### If More Than Two Teams Tie

- (aa)...the team which had the highest winning percentage against all the other tied teams during regular season area play will be seeded ahead of all the other tied teams.
  - 1. If two teams tie for the highest winning percentage ahead of all the other teams involved in the tie, apply the two-team, tiebreaking factors for those two teams, beginning with (a) and the highest-ranked team will be placed ahead of all tied teams. Then, if needed, for all other teams involved in the original tie, apply tiebreaker (a) if only two teams remain and (k) if more than two teams remain.

**NOTE: This (aa-1) procedure will apply in all remaining tiebreaker factors where applicable.**

- (bb) ...the team with the highest winning percentage against the No. 1 seeded team will be seeded ahead of all the other tied teams. If the tie is for the No. 1 seed, apply (dd) and the remaining tiebreakers in order as needed. Then the next seed will be resolved by applying the tiebreaking factors in the order listed for all the other teams involved in the tie, beginning with (a) or (aa) as determined by the number of teams still tied.
- (cc) Apply (bb) using percentage against the No. 2 seeded team;
- (dd) Apply (bb) using percentage against the No. 3 seeded team;
- (ee) Apply (bb) using percentage against the No. 4 seeded team;
- (ff) Apply (bb) using percentage against the No. 5 seeded team;
- (gg) Apply (bb) using percentage against the No. 6 seeded team;
- (hh) By flip of a coin.

# Admission Regulations

1. Admission: Area Tournament -\$6.00 per session  
Sub-Regional Games -\$6.00 per game  
Regional Tournament-\$8.00 per day  
State Finals-\$10.00 per day
2. Passes Allowed
  - (a) Team Party of 23
    - (1) 15 players (in uniform)
    - (2) 2 managers or 1 manager and 1 scorer (total of 2)
    - (3) 3 coaches
    - (4) 1 certified athletic trainer
    - (5) administrative personnel
  - (b) All other coaches, principals, superintendents and their spouses will be admitted upon presentation of proper AHSAA cards or principals/superintendents' professional organization cards.
  - (c) Varsity cheerleaders (maximum of 23 in uniform) will be admitted for the sessions in which their team is participating.
  - (d) Players of participating teams must be identified each session by their basketball coaches. Otherwise, free admission will not be granted.

## Tournament Officials

1. Officials for all area, sub-regional, regional and State Final games will be assigned by the State Office. Three officials will be assigned for each playoff game.
2. A school may request that a particular official not be assigned to its area and sub-regional games. In order for the request to be considered, it must be submitted in writing (signed by the school principal) to the State Office by **noon on the day following the area drawing meeting.**
3. All officials, including clock operators, must be registered with the AHSAA.
4. Please see officials' fee information on page 29.
5. Protests are not allowed. Decisions of game officials are final.

# Awards

Area tournament awards are left up to the discretion of each area. If awards are made, the maximum specifications are:

- (a) First Place: \$40, 12-inch (height) trophy or 11" x 14" plaque
- (b) Second Place: \$35, 10-inch (height) trophy or 8" x 11" plaque

No awards are made in sub-regional games.

Awards will be made in the Regional and State Finals tournaments to the winner and runner-up teams in each class.

## Area Tournaments

### DATES:

**Girls-** Feb. 4, 7 and 9. Areas with four or less teams must play Feb. 7 and 9. The girls final must be played Saturday, Feb. 9, unless the girls and boys area tournaments are held at the same site. (See Note under SITES).

**Boys-** Feb. 5, 8 and 11. Areas with four or less teams must play Feb. 8 and 11. The boys final must be played on Monday, Feb. 11. (See Note under SITES).

**SITES:** The top-seeded girls and boys teams in each area. The principal of each host school will serve as tournament director.

**Note:** Girls and Boys area tournaments held at the same site may be scheduled together Feb. 4-5, 7-9 and 11. The boys championship game must be played Feb. 11. The girls championship game may also be played Feb. 11 if the area teams agree prior to the tournament. Otherwise, the girls championship game will be played Feb. 9.

**FORMAT:** Single elimination bracket.

**PRACTICE:** None allowed at a tournament site (except the host team).

**ADMISSION:** \$6.00 per session.

**BALL:** Wilson Wave.

**MEDIA REQUESTS AND BROADCASTS:** See Media link on the AHSAA website ([www.ahsaa.com](http://www.ahsaa.com)).

**HOST SCHOOL RESPONSIBILITIES:** The host school will furnish the game ball (Wilson Wave) ticket sellers, ticket takers, security, utilities, janitorial service, towels and game dressing facilities. The host school will handle and receive proceeds from the concessions and programs.

**DIRECTOR'S RESPONSIBILITIES:**

- (a) Immediately upon completion of each night's play, go online and submit scores to AHSAA.com via instructions on the member site.
- (b) Also, immediately upon completion of the area finals, submit scores online to AHSAA.com via instructions on the member site.
- (c) Immediately upon completion of the area finals, give regional information packets to the area winner and runner-up.
- (d) Prepare and submit a tournament financial report to the State Office and send copies to each of the participating schools. A form for this purpose will be furnished to each area tournament director by the State Office. The financial report must be filed immediately after the tournament is completed.

- 1. To determine NET gate receipts from each area tournament, deduct the following from gate receipts:

- a. Taxes (if applicable)

- b. Game Officials: Fee – \$60 per official per contest. Mileage Allowance – \$15 per official per day. Please see officials' fee information on page 29.

- c. Scorekeeper: \$20 maximum per game (adult)

- d. Timer: ECO – \$20 maximum per game (non-registered Official) Registered Official – \$25 per game  
(All officials must be adults.)

- e. Host School: 25% of gate receipts after taxes

- f. AHSAA: 15% of gate receipts after taxes

- g. Trophies (if necessary)

- 2. Division among participating schools of the area tournament NET gate receipts (Gate receipts less expenses listed in Item 1 above.)

- a. Transportation: 33 1/3% divided on basis of number of miles each school traveled (maximum of 48 cents per mile one way)

- b. After deducting transportation allowance, remainder of net gate receipts to be distributed as follows:

- (1) 1/2 divided on basis of number of games each school played (after travel allowance deducted)

- (2) 1/2 divided equally among all participating schools

## Sub-Regional Games

**DATES:** Girls: Feb. 14  
Boys: Feb. 15

**SITES:** Home sites of area winners. All area runners-up will be the visiting (traveling) teams.

**FORMAT:** Winner and runner-up of each girls and boys area tournament play in one round of games according to pre-drawn pairings.

**GAMETIME:** 7 p.m. **ADMISSION:** \$6.00 per game. **BALL:** Wilson Wave.

**MEDIA REQUESTS AND BROADCASTS:** See Media link on the AHSAA website ([www.ahsaa.com](http://www.ahsaa.com)).

**HOST SCHOOL RESPONSIBILITIES:** Furnish the official game ball (Wilson Wave), ticket sellers, ticket takers, security, utilities, janitorial service, towels and game dressing facilities. The host school will handle and receive proceeds from the concessions and programs.

### DIRECTOR'S RESPONSIBILITIES:

- (a) Immediately upon completion of each night's play, go online and submit scores to AHSAA.com via instructions on the member site.
- (b) Prepare and submit a tournament financial report to the State Office and send copies to the visiting school. Gate receipts from each sub-regional game will be distributed as shown on the financial report furnished by the State Office. The financial report must be filed immediately after the tournament is completed.
  1. To determine NET gate receipts from each sub-regional game, deduct the following from gate receipts:
    - a. Taxes (if applicable)
    - b. Game Officials: Fee – \$60 per official per contest. Mileage Allowance – \$20 per official per contest. Please see officials' fee information on page 29.
    - c. Scorekeeper: \$20 maximum per game (adult)
    - d. Timer (ECO): \$20 maximum per game (non-registered official)  
\$25 maximum per game (registered official)  
(All officials must be adults)
  2. Division among participating schools of sub-regional game NET gate receipts. (Gate receipts less expenses listed in Item 1 above)
    - a. Transportation—Maximum 48 cents per mile one way to visiting team (not to exceed 1/3 of net)
    - b. 40% of balance after transportation to home team
    - c. 30% of balance after transportation to visiting team
    - d. 30% of balance to AHSAA



# Basketball Officials' Fees

## Regular Season:

High School Varsity (3-Member) = \$40 per official per contest.

Junior Varsity (2-Member) = \$40.00 per official per contest.

Junior Varsity (3-Member) = \$35.00 per official per contest.

Junior High (7-9) (2-Member) = \$35.00 per official per contest.

Junior High (7-9) (3-Member) = \$30.00 per official per contest.

## Electric Clock Operator Fees:

Electric Clock Operator (All Levels) = \$25 Maximum Fee (If an Official)

Alternate Bench Official = \$20 per official

All clock operators who are registered officials shall be in proper uniform.

Mileage = The maximum allowed as indicated by the AHSAA Online Mileage Calculator based on the allowed mileage rate as determined by the State Department of Education.

## Championship Playoffs:

No crew mileage will be paid. A mileage allowance per official will be included in the game fee payment.

The host school will pay the officials onsite and account for those payments in the game report submitted to the state office.

The game fee per official for the Area Tournaments will be \$60 plus the Mileage Allowance.

The game fee per official for the Sub-Region Round will be \$60 plus the Mileage Allowance.

The game fee per official for the Regional Tournaments will be \$60 plus the Mileage Allowance.

The game fee per official for the State Tournament will be \$65 plus the Mileage Allowance.

	ECO (If an Official, Per Day)	3-Member Crew (Per Official Per Day)
Area Tournament Mileage Allowance	\$10	\$15
Sub-Region Round Mileage Allowance	\$10	\$20
Regional Mileage Allowance		\$25
State Tournament Mileage Allowance		\$30

# Sub-Regional Pairings

## CLASS 1A

### South Sub-Regional

- Game 1 - Area 4 Runner-up at Area 1 Winner
- Game 2 - Area 1 Runner-up at Area 4 Winner
- Game 3 - Area 3 Runner-up at Area 2 Winner
- Game 4 - Area 2 Runner-up at Area 3 Winner

### Central Sub-Regional

- Game 5 - Area 8 Runner-up at Area 5 Winner
- Game 6 - Area 5 Runner-up at Area 8 Winner
- Game 7 - Area 6 Runner-up at Area 7 Winner
- Game 8 - Area 7 Runner-up at Area 6 Winner

### Northeast Sub-Regional

- Game 9 - Area 10 Runner-up at Area 9 Winner
- Game 10 - Area 9 Runner-up at Area 10 Winner
- Game 11 - Area 12 Runner-up at Area 11 Winner
- Game 12 - Area 11 Runner-up at Area 12 Winner

### Northwest Sub-Regional

- Game 13 - Area 14 Runner-up at Area 13 Winner
- Game 14 - Area 13 Runner-up at Area 14 Winner
- Game 15 - Area 16 Runner-up at Area 15 Winner
- Game 16 - Area 15 Runner-up at Area 16 Winner

## CLASS 2A

### South Sub-Regional

- Game 1 - Area 2 Runner-up at Area 1 Winner
- Game 2 - Area 1 Runner-up at Area 2 Winner
- Game 3 - Area 4 Runner-up at Area 3 Winner
- Game 4 - Area 3 Runner-up at Area 4 Winner

### Central Sub-Regional

- Game 5 - Area 7 Runner-up at Area 5 Winner
- Game 6 - Area 5 Runner-up at Area 7 Winner
- Game 7 - Area 8 Runner-up at Area 6 Winner
- Game 8 - Area 6 Runner-up at Area 8 Winner

### Northeast Sub-Regional

- Game 9 - Area 10 Runner-up at Area 9 Winner
- Game 10 - Area 9 Runner-up at Area 10 Winner
- Game 11 - Area 12 Runner-up at Area 11 Winner
- Game 12 - Area 11 Runner-up at Area 12 Winner

### Northwest Sub-Regional

- Game 13 - Area 14 Runner-up at Area 13 Winner
- Game 14 - Area 13 Runner-up at Area 14 Winner
- Game 15 - Area 16 Runner-up at Area 15 Winner
- Game 16 - Area 15 Runner-up at Area 16 Winner

## **CLASS 3A**

### **South Sub-Regional**

Game 1 - Area 2 Runner-up at Area 1 Winner  
Game 2 - Area 1 Runner-up at Area 2 Winner  
Game 3 - Area 4 Runner-up at Area 3 Winner  
Game 4 - Area 3 Runner-up at Area 4 Winner

### **Central Sub-Regional**

Game 5 - Area 8 Runner-up at Area 5 Winner  
Game 6 - Area 5 Runner-up at Area 8 Winner  
Game 7 - Area 7 Runner-up at Area 6 Winner  
Game 8 - Area 6 Runner-up at Area 7 Winner

### **Northeast Sub-Regional**

Game 9 - Area 10 Runner-up at Area 9 Winner  
Game 10 - Area 9 Runner-up at Area 10 Winner  
Game 11 - Area 12 Runner-up at Area 11 Winner  
Game 12 - Area 11 Runner-up at Area 12 Winner

### **Northwest Sub-Regional**

Game 13 - Area 14 Runner-up at Area 13 Winner  
Game 14 - Area 13 Runner-up at Area 14 Winner  
Game 15 - Area 16 Runner-up at Area 15 Winner  
Game 16 - Area 15 Runner-up at Area 16 Winner

## **CLASS 4A**

### **South Sub-Regional**

Game 1 - Area 2 Runner-up at Area 1 Winner  
Game 2 - Area 1 Runner-up at Area 2 Winner  
Game 3 - Area 4 Runner-up at Area 3 Winner  
Game 4 - Area 3 Runner-up at Area 4 Winner

### **Central Sub-Regional**

Game 5 - Area 6 Runner-up at Area 5 Winner  
Game 6 - Area 5 Runner-up at Area 6 Winner  
Game 7 - Area 8 Runner-up at Area 7 Winner  
Game 8 - Area 7 Runner-up at Area 8 Winner

### **Northeast Sub-Regional**

Game 9 - Area 12 Runner-up at Area 9 Winner  
Game 10 - Area 9 Runner-up at Area 12 Winner  
Game 11 - Area 11 Runner-up at Area 10 Winner  
Game 12 - Area 10 Runner-up at Area 11 Winner

### **Northwest Sub-Regional**

Game 13 - Area 14 Runner-up at Area 13 Winner  
Game 14 - Area 13 Runner-up at Area 14 Winner  
Game 15 - Area 16 Runner-up at Area 15 Winner  
Game 16 - Area 15 Runner-up at Area 16 Winner

## **CLASS 5A**

### **South Sub-Regional**

Game 1 - Area 2 Runner-up at Area 1 Winner  
Game 2 - Area 1 Runner-up at Area 2 Winner  
Game 3 - Area 4 Runner-up at Area 3 Winner  
Game 4 - Area 3 Runner-up at Area 4 Winner

### **Central Sub-Regional**

Game 5 - Area 8 Runner-up at Area 5 Winner  
Game 6 - Area 5 Runner-up at Area 8 Winner  
Game 7 - Area 7 Runner-up at Area 6 Winner  
Game 8 - Area 6 Runner-up at Area 7 Winner

### **Northeast Sub-Regional**

Game 9 - Area 11 Runner-up at Area 9 Winner  
Game 10 - Area 9 Runner-up at Area 11 Winner  
Game 11 - Area 12 Runner-up at Area 10 Winner  
Game 12 - Area 10 Runner-up at Area 12 Winner

### **Northwest Sub-Regional**

Game 13 - Area 14 Runner-up at Area 13 Winner  
Game 14 - Area 13 Runner-up at Area 14 Winner  
Game 15 - Area 16 Runner-up at Area 15 Winner  
Game 16 - Area 15 Runner-up at Area 16 Winner

## **CLASS 6A**

### **South Sub-Regional**

Game 1 - Area 2 Runner-up at Area 1 Winner  
Game 2 - Area 1 Runner-up at Area 2 Winner  
Game 3 - Area 4 Runner-up at Area 3 Winner  
Game 4 - Area 3 Runner-up at Area 4 Winner

### **Central Sub-Regional**

Game 5 - Area 6 Runner-up at Area 5 Winner  
Game 6 - Area 5 Runner-up at Area 6 Winner  
Game 7 - Area 8 Runner-up at Area 7 Winner  
Game 8 - Area 7 Runner-up at Area 8 Winner

### **Northeast Sub-Regional**

Game 9 - Area 10 Runner-up at Area 9 Winner  
Game 10 - Area 9 Runner-up at Area 10 Winner  
Game 11 - Area 12 Runner-up at Area 11 Winner  
Game 12 - Area 11 Runner-up at Area 12 Winner

### **Northwest Sub-Regional**

Game 13 - Area 14 Runner-up at Area 13 Winner  
Game 14 - Area 13 Runner-up at Area 14 Winner  
Game 15 - Area 16 Runner-up at Area 15 Winner  
Game 16 - Area 15 Runner-up at Area 16 Winner

# Regional Tournaments

**DATES:** Feb. 18-23

**SITES:** South Regional — Dothan Civic Center, Dothan  
Central Regional — Alabama State University, Montgomery  
Northeast Regional — Jacksonville State University, Jacksonville  
Northwest Regional — Wallace State Community College, Hanceville

**FORMAT:** Sub-regional game winners compete in one of four regional tournaments according to a pre-drawn bracket. Teams listed on the top of the bracket will be home team and wear white uniforms.

**PRACTICE:** No practice is allowed at a tournament site.

**ADMISSION:** \$8.00 per day.

**BALL:** Wilson Wave.

**BANDS:** Pep bands are not allowed.

**MEDIA REQUESTS AND BROADCASTS:** See Media link on the AHSAA website ([www.ahsaa.com](http://www.ahsaa.com)).

# SOUTH (Girls)

## (Dothan Civic Center, Dothan)

5A Game 2 Winner		Fri (2-22) 9:00 a.m.	5A State Finals S Qualifier
Tues (2-19) – 9:00 a.m.	5A Game 4 Winner		
5A Game 1 Winner			
Tues (2-19) – 12:00 noon	5A Game 3 Winner		

2A Game 2 Winner		Fri (2-22) 3:40 p.m.	2A State Finals S Qualifier
Tues (2-19) – 3:00 p.m.	2A Game 4 Winner		
2A Game 1 Winner			
Tues (2-19) – 6:00 p.m.	2A Game 3 Winner		

6A Game 2 Winner		Fri (2-22) 12:20 p.m.	6A State Finals S Qualifier
Wed (2-20) – 9:00 a.m.	6A Game 4 Winner		
6A Game 1 Winner			
Wed (2-20) – 12 noon	6A Game 3 Winner		

1A Game 2 Winner		Sat (2-23) 9:00 a.m.	1A State Finals S Qualifier
Wed (2-20) – 3:00 p.m.	1A Game 4 Winner		
1A Game 1 Winner			
Wed (2-20) – 6:00 p.m.	1A Game 3 Winner		

4A Game 2 Winner		Sat (2-23) 12:20 p.m.	4A State Finals S Qualifier
Thurs (2-21) – 9:00 a.m.	4A Game 4 Winner		
4A Game 1 Winner			
Thurs (2-21) – 12 noon	4A Game 3 Winner		

3A Game 2 Winner		Sat (2-23) 3:40 p.m.	3A State Finals S Qualifier
Thurs (2-21) – 3:00 p.m.	3A Game 4 Winner		
3A Game 1 Winner			
Thurs (2-21) – 6:00 p.m.	3A Game 3 Winner		

# SOUTH (Boys)

## (Dothan Civic Center, Dothan)

5A Game 2 Winner		Fri (2-22) 10:40 a.m.	5A State Finals S Qualifier
Tues (2-19) – 10:30 a.m.	5A Game 4 Winner		
5A Game 1 Winner			
Tues (2-19) – 1:30 p.m.	5A Game 3 Winner		

2A Game 2 Winner		Fri (2-22) 5:20 p.m.	2A State Finals S Qualifier
Tues (2-19) – 4:30 p.m.	2A Game 4 Winner		
2A Game 1 Winner			
Tues (2-19) – 7:30 p.m.	2A Game 3 Winner		

6A Game 2 Winner		Fri (2-22) 2:00 p.m.	6A State Finals S Qualifier
Wed (2-20) – 10:30 a.m.	6A Game 4 Winner		
6A Game 1 Winner			
Wed (2-20) – 1:30 p.m.	6A Game 3 Winner		

1A Game 2 Winner		Sat (2-23) 10:40 a.m.	1A State Finals S Qualifier
Wed (2-20) – 4:30 p.m.	1A Game 4 Winner		
1A Game 1 Winner			
Wed (2-20) – 7:30 p.m.	1A Game 3 Winner		

4A Game 2 Winner		Sat (2-23) 2:00 p.m.	4A State Finals S Qualifier
Thurs (2-21) – 10:30 a.m.	4A Game 4 Winner		
4A Game 1 Winner			
Thurs (2-21) – 1:30 p.m.	4A Game 3 Winner		

3A Game 2 Winner		Sat (2-23) 5:20 p.m.	3A State Finals S Qualifier
Thurs (2-21) – 4:30 p.m.	3A Game 4 Winner		
3A Game 1 Winner			
Thurs (2-21) – 7:30 p.m.	3A Game 3 Winner		

# CENTRAL (Girls)

## (Alabama State University, Montgomery)

	1A Game 6 Winner		
Mon (2-18) – 3:00 p.m.	1A Game 8 Winner	Thurs (2-21) 6:20 p.m.	1A State Finals C Qualifier
	1A Game 5 Winner		
Mon (2-18) – 6:00 p.m.	1A Game 7 Winner		

	5A Game 6 Winner		
Tues (2-19) – 9:00 a.m.	5A Game 8 Winner	Thurs (2-21) 3:00 p.m.	5A State Finals C Qualifier
	5A Game 5 Winner		
Tues (2-19) – 12 noon	5A Game 7 Winner		

	2A Game 6 Winner		
Tues (2-19) – 3:00 p.m.	2A Game 8 Winner	Fri (2-22) 12:20 p.m.	2A State Finals C Qualifier
	2A Game 5 Winner		
Tues (2-19) – 6:00 p.m.	2A Game 7 Winner		

	6A Game 6 Winner		
Wed (2-20) – 9:00 a.m.	6A Game 8 Winner	Fri (2-22) 9:00 a.m.	6A State Finals C Qualifier
	6A Game 5 Winner		
Wed (2-20) – 12 noon	6A Game 7 Winner		

	4A Game 6 Winner		
Wed (2-20) – 3:00 p.m.	4A Game 8 Winner	Fri (2-22) 3:40 p.m.	4A State Finals C Qualifier
	4A Game 5 Winner		
Wed (2-20) – 6:00 p.m.	4A Game 7 Winner		

	3A Game 6 Winner		
Thurs (2-21) – 9:00 a.m.	3A Game 8 Winner	Sat (2-23) 9:00 a.m.	3A State Finals C Qualifier
	3A Game 5 Winner		
Thurs (2-21) – 12 noon	3A Game 7 Winner		



# CENTRAL (Boys)

## (Alabama State University, Montgomery)

1A Game 6 Winner		Thurs (2-21) 8:00 p.m.	1A State Finals C Qualifier
Mon (2-18) – 4:30 p.m.	1A Game 8 Winner		
1A Game 5 Winner			
Mon (2-18) – 7:30 p.m.	1A Game 7 Winner		

5A Game 6 Winner		Thurs (2-21) 4:40 p.m.	5A State Finals C Qualifier
Tues (2-19) – 10:00 a.m.	5A Game 8 Winner		
5A Game 5 Winner			
Tues (2-19) – 1:30 p.m.	5A Game 7 Winner		

2A Game 6 Winner		Fri (2-22) 2:00 p.m.	2A State Finals C Qualifier
Tues (2-19) – 4:30 p.m.	2A Game 8 Winner		
2A Game 5 Winner			
Tues (2-19) – 7:30 p.m.	2A Game 7 Winner		

6A Game 6 Winner		Fri (2-22) 10:40 a.m.	6A State Finals C Qualifier
Wed (2-20) – 10:30 a.m.	6A Game 8 Winner		
6A Game 5 Winner			
Wed (2-20) – 1:30 p.m.	6A Game 7 Winner		

4A Game 6 Winner		Fri (2-22) 5:20 p.m.	4A State Finals C Qualifier
Wed (2-20) – 4:30 p.m.	4A Game 8 Winner		
4A Game 5 Winner			
Wed (2-20) – 7:30 p.m.	4A Game 7 Winner		

3A Game 6 Winner		Sat (2-23) 10:40 a.m.	3A State Finals C Qualifier
Thurs (2-21) – 10:30 a.m.	3A Game 8 Winner		
3A Game 5 Winner			
Thurs (2-21) – 1:30 p.m.	3A Game 7 Winner		

# NORTHEAST (Girls)

## (Jacksonville State University, Jacksonville)

	1A Game 10 Winner		
Mon (2-18) – 3:00 p.m.	1A Game 12 Winner	Fri (2-22) 12:30 p.m.	1A State Finals NE Qualifier
	1A Game 9 Winner		
Mon (2-18) – 6:00 p.m.	1A Game 11 Winner		

	5A Game 10 Winner		
Tues (2-19) – 9:00 a.m.	5A Game 12 Winner	Fri (2-22) 4:00 p.m.	5A State Finals NE Qualifier
	5A Game 9 Winner		
Tues (2-19) – 12 noon	5A Game 11 Winner		

	2A Game 10 Winner		
Mon (2-18) – 9:00 a.m.	2A Game 12 Winner	Thurs (2-21) 3:00 p.m.	2A State Finals NE Qualifier
	2A Game 9 Winner		
Mon (2-18) – 12 noon	2A Game 11 Winner		

	6A Game 10 Winner		
Wed (2-20) – 9:00 a.m.	6A Game 12 Winner	Fri (2-22) 9:00 a.m.	6A State Finals NE Qualifier
	6A Game 9 Winner		
Wed (2-20) – 12 noon	6A Game 11 Winner		

	4A Game 10 Winner		
Tues (2-19) – 3:00 p.m.	4A Game 12 Winner	Sat (2-23) 9:00 a.m.	4A State Finals NE Qualifier
	4A Game 9 Winner		
Tues (2-19) – 6:00 p.m.	4A Game 11 Winner		

	3A Game 10 Winner		
Thurs (2-21) – 9:00 a.m.	3A Game 12 Winner	Sat (2-23) 12:30 p.m.	3A State Finals NE Qualifier
	3A Game 9 Winner		
Thurs (2-21) – 12 noon	3A Game 11 Winner		

# NORTHEAST (Boys)

## (Jacksonville State University, Jacksonville)

	1A Game 10 Winner		
Mon (2-18) – 4:30 p.m.	1A Game 12 Winner	Fri (2-22) 2:15 p.m.	1A State Finals
	1A Game 9 Winner		NE Qualifier
Mon (2-18) – 7:30 p.m.	1A Game 11 Winner		

	5A Game 10 Winner		
Tues (2-19) – 10:30 a.m.	5A Game 12 Winner	Fri (2-22) 5:45 p.m.	5A State Finals
	5A Game 9 Winner		NE Qualifier
Tues (2-19) – 1:30 p.m.	5A Game 11 Winner		

	2A Game 10 Winner		
Mon (2-18) – 10:30 a.m.	2A Game 12 Winner	Thurs (2-21) 4:45 p.m.	2A State Finals
	2A Game 9 Winner		NE Qualifier
Mon (2-18) – 1:30 p.m.	2A Game 11 Winner		

	6A Game 10 Winner		
Wed (2-20) – 10:30 a.m.	6A Game 12 Winner	Fri (2-22) 10:45 a.m.	6A State Finals
	6A Game 9 Winner		NE Qualifier
Wed (2-20) – 1:30 p.m.	6A Game 11 Winner		

	4A Game 10 Winner		
Tues (2-19) – 4:30 p.m.	4A Game 12 Winner	Sat (2-23) 10:45 a.m.	4A State Finals
	4A Game 9 Winner		NE Qualifier
Tues (2-19) – 7:30 p.m.	4A Game 11 Winner		

	3A Game 10 Winner		
Thurs (2-21) – 10:30 a.m.	3A Game 12 Winner	Sat (2-23) 2:15 p.m.	3A State Finals
	3A Game 9 Winner		NE Qualifier
Thurs (2-21) – 1:30 p.m.	3A Game 11 Winner		

# NORTHWEST (Girls)

(Wallace State Community College, Hanceville)

	5A Game 14 Winner		
Tues (2-19) – 9:00 a.m.	5A Game 16 Winner	Fri (2-22) 9:00 a.m.	5A State Finals NW Qualifier
	5A Game 13 Winner		
Tues (2-19) – 12 noon	5A Game 15 Winner		

	2A Game 14 Winner		
Tues (2-19) – 3:00 p.m.	2A Game 16 Winner	Fri (2-22) 3:40 p.m.	2A State Finals NW Qualifier
	2A Game 13 Winner		
Tues (2-19) – 6:00 p.m.	2A Game 15 Winner		

	6A Game 14 Winner		
Wed (2-20) – 9:00 a.m.	6A Game 16 Winner	Fri (2-22) 12:20 p.m.	6A State Finals NW Qualifier
	6A Game 13 Winner		
Wed (2-20) – 12 noon	6A Game 15 Winner		

	1A Game 14 Winner		
Wed (2-20) – 3:00 p.m.	1A Game 16 Winner	Sat (2-23) 9:00 a.m.	1A State Finals NW Qualifier
	1A Game 13 Winner		
Wed (2-20) – 6:00 p.m.	1A Game 15 Winner		

	4A Game 14 Winner		
Thurs (2-21) – 9:00 a.m.	4A Game 16 Winner	Sat (2-23) 12:20 p.m.	4A State Finals NW Qualifier
	4A Game 13 Winner		
Thurs (2-21) – 12 noon	4A Game 15 Winner		

	3A Game 14 Winner		
Thurs (2-21) – 3:00 p.m.	3A Game 16 Winner	Sat (2-23) 3:40 p.m.	3A State Finals NW Qualifier
	3A Game 13 Winner		
Thurs (2-21) – 6:00 p.m.	3A Game 15 Winner		

# NORTHWEST (Boys)

## (Wallace State Community College, Hanceville)

5A Game 14 Winner		
Tues (2-19) – 10:30 a.m. 5A Game 16 Winner	Fri (2-22) 10:40 a.m.	5A State Finals NW Qualifier
5A Game 13 Winner		
Tues (2-19) – 1:30 p.m. 5A Game 15 Winner		

2A Game 14 Winner		
Tues (2-19) – 4:30 p.m. 2A Game 16 Winner	Fri (2-22) 5:20 p.m.	2A State Finals NW Qualifier
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Tues (2-19) – 7:30 p.m. 2A Game 15 Winner		

6A Game 14 Winner		
Wed (2-20) – 10:30 a.m. 6A Game 16 Winner	Fri (2-22) 2:00 p.m.	6A State Finals NW Qualifier
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Wed (2-20) – 1:30 p.m. 6A Game 15 Winner		

1A Game 14 Winner		
Wed (2-20) – 4:30 p.m. 1A Game 16 Winner	Sat (2-23) 10:40 a.m.	1A State Finals NW Qualifier
1A Game 13 Winner		
Wed (2-20) – 7:30 p.m. 1A Game 15 Winner		

4A Game 14 Winner		
Thurs (2-21) – 10:30 a.m. 4A Game 16 Winner	Sat (2-23) 2:00 p.m.	4A State Finals NW Qualifier
4A Game 13 Winner		
Thurs (2-21) – 1:30 p.m. 4A Game 15 Winner		

3A Game 14 Winner		
Thurs (2-21) – 4:30 p.m. 3A Game 16 Winner	Sat (2-23) 5:20 p.m.	3A State Finals NW Qualifier
3A Game 13 Winner		
Thurs (2-21) – 7:30 p.m. 3A Game 15 Winner		

# Final 48 Championships

**DATES:** Feb. 26 – March 3

**SITE:** Birmingham Jefferson Civic Center

**FORMAT:** Four teams in each class (girls and boys regional tournament winners) in a single elimination bracket. Pairings are rotated each year.

**ORGANIZATIONAL MEETING:** The coach of each team advancing to the State Finals must attend the organizational meeting Sunday, Feb. 24, at noon at the Birmingham Sheraton Civic Center Hotel.

Each coach must bring a team roster and team picture or email a roster and team picture to State Finals Program Coordinator Dennis Victory at [dv@dennisvictory.com](mailto:dv@dennisvictory.com). Emailed items must be received at [dv@dennisvictory.com](mailto:dv@dennisvictory.com) by Friday, Feb. 22.

Also, each coach must bring the team's scorebook and DVDs of the last two basketball games.

**PRACTICE:** No practice is allowed at the tournament site.

**BALL:** Wilson Wave.

**BANDS:** Pep bands are allowed.

**ADMISSION:** \$10 per day

**MEDIA REQUESTS AND BROADCASTS:** See Media link on the AHSAA website ([www.ahsaa.com](http://www.ahsaa.com)).

# 2013 Girls Final 48 Brackets

## CLASS 1A

### S Qualifier

Tues (2-26) – 3:00 p.m.	NE Qualifier	Fri (3-1) 1:00 p.m.	<hr/>
	NW Qualifier		
Tues (2-26) – 6:00 p.m.	C Qualifier		

## CLASS 2A

### S Qualifier

Tues (2-26) – 9:00 a.m.	NE Qualifier	Fri (3-1) 9:00 a.m.	<hr/>
	NW Qualifier		
Tues (2-26) – 12 noon	C Qualifier		

## CLASS 3A

### S Qualifier

Wed (2-27) – 3:00 p.m.	NE Qualifier	Sat (3-2) 9:00 a.m.	<hr/>
	NW Qualifier		
Wed (2-27) – 6:00 p.m.	C Qualifier		

## CLASS 4A

### S Qualifier

Thurs (2-28) – 3:00 p.m.	NE Qualifier	Sat (3-2) 1:00 p.m.	<hr/>
	NW Qualifier		
Thurs (2-28) – 6:00 p.m.	C Qualifier		

## CLASS 5A

### S Qualifier

Wed (2-27) – 9:00 a.m.	NE Qualifier	Fri (3-1) 5:00 p.m.	<hr/>
	NW Qualifier		
Wed (2-27) – 12 noon	C Qualifier		

## CLASS 6A

### S Qualifier

Thurs (2-28) – 9:00 a.m.	NE Qualifier	Sat (3-2) 5:00 p.m.	<hr/>
	NW Qualifier		
Thurs (2-28) – 12 noon	C Qualifier		

# 2013 Boys Final 48 Brackets

## CLASS 1A

### S Qualifier

Tues (2-26) – 4:30 p.m.	NE Qualifier	Fri (3-1) 3:00 p.m.	<hr/>
	NW Qualifier		
Tues (2-26) – 7:30 p.m.	C Qualifier		

## CLASS 2A

### S Qualifier

Tues (2-26) – 10:30 a.m.	NE Qualifier	Fri (3-1) 11:00 a.m.	<hr/>
	NW Qualifier		
Tues (2-26) – 1:30 p.m.	C Qualifier		

## CLASS 3A

### S Qualifier

Wed (2-27) – 4:30 p.m.	NE Qualifier	Sat (3-2) 11:00 a.m.	<hr/>
	NW Qualifier		
Wed (2-27) – 7:30 p.m.	C Qualifier		

## CLASS 4A

### S Qualifier

Thurs (2-28) – 4:30 p.m.	NE Qualifier	Sat (3-2) 3:00 p.m.	<hr/>
	NW Qualifier		
Thurs (2-28) – 7:30 p.m.	C Qualifier		

## CLASS 5A

### S Qualifier

Wed (2-27) – 10:30 a.m.	NE Qualifier	Fri (3-1) 7:00 p.m.	<hr/>
	NW Qualifier		
Wed (2-27) – 1:30 p.m.	C Qualifier		

## CLASS 6A

### S Qualifier

Thurs (2-28) – 10:30 a.m.	NE Qualifier	Sat (3-2) 7:00 p.m.	<hr/>
	NW Qualifier		
Thurs (2-28) – 1:30 p.m.	C Qualifier		





**WRESTLING**

**Coaches Wrestling Committee**  
**(Listed By Districts)**

(1) None. (2) None. (3) Craig Duncan, Saint James. (4) Nick Tucker, Auburn. (5) Mark Snider, Hewitt-Trussville. (6) Matt Hicks, St. Clair County. (7) Justin Helms, Deshler. (8) Michael Pruitt, Arab.

# The Championship Program

**First Practice—Oct. 29    First Contest—Nov. 19**

## Online Requirements For All Sports

### POSTING SCHEDULES

Schools must post season schedules on the AHSAA website Member Section by the deadline dates listed below. Failure to do so could result in a fine assessed to the school. Schools may go online and make any changes immediately as they occur.

Deadlines for posting schedules:

March 1 — fall sports (football, volleyball, cross country, swimming)

Sept. 15 — winter sports (basketball, indoor track) (wrestling — see item 3 below)

Jan. 15 — spring sports (baseball, softball, outdoor track, soccer, golf and tennis)

### POSTING ROSTERS

Schools are required to post team rosters prior to its first contest of the season.

### POSTING SCORES

Schools are also required to post scores of contests online immediately following all contests in the regular season (and within 24 hours after regular season tournaments) and in the playoffs or be subject to a fine.

In the post-season playoffs, failure to report scores immediately after a contest will subject the school to a fine.

1. The wrestling program has competition in three divisions: 1A-2A-3A-4A, 5A and 6A. Each division has two section qualifying meets and a state meet. All state tournament participants must qualify in a section tournament.
2. Each high school is limited to 14 regular season playing dates (for dual, tri- and quad matches) plus weekend tournaments. All tournaments must be held prior to the section and state tournaments and must be held on weekends with no loss of school time. Tournaments are not counted as playing dates.  
Junior high/middle schools are limited to 8 regular season playing dates plus weekend tournaments. All tournaments must be held on weekends with no loss of school time.  
**Note:** A tournament, an organized sport competition that uses elimination and/or round-robin formats, must be sanctioned and determine a champion. It is usually played at one site.
3. All coaches must enter their schedules into Trackwrestling, which can be accessed by logging into the Optimal Performance Calculator (OPC) and clicking the link to enter the team's schedule/results.  
In order to get their NWCA Optimal Performance access codes, coaches must first register. To register, coaches must go online at [www.nwcaonline.com](http://www.nwcaonline.com) or call the NWCA office at 717-653-8009.

All of the schedules will be in Trackwrestling.com for the start of the season so coaches can utilize the live scoring component. Coaches will be able to access the scoring component by logging into the OPC at the start of the season (probably well before). Once the NWCA has every team's schedule in the OPC, the data will be downloaded into the AHSAA system. This will satisfy each school's requirement to put your schedule into the AHSAA system.

4. All participants must be eligible under AHSAA rules.
5. All matches will be conducted under National Federation rules, including the conduct rules for participants. The conduct of coaches falls under the AHSAA Ejection Rule.
6. High school competition will be divided into 14 weight classes as follows (in pounds): 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220 and 285.  
Junior high/middle school weight classes are: 75, 85, 95, 103, 112, 119, 125, 130, 135, 145, 155, 165, 175 and heavyweight.

## Weight Certification Program

During the 2012-13 school year all schools with wrestling programs must follow the provisions of the weight certification program established by the Association for all wrestlers competing in varsity and junior varsity programs as mandated by the NFHS. The results of this process will be binding towards the eligibility of all wrestlers. Any school failing to follow the required provisions adopted by the AHSAA will be subject to penalty, including a fine or probation or both.

The establishment of a minimum wrestling weight based on 7% body fat for males and 12% for females will be mandatory for all high school wrestlers. The AHSAA does not advocate that a wrestler's established minimum weight is the athlete's best weight, but simply the minimum weight at which the athlete will be allowed to compete.

**Note:** Any junior high/middle school wrestler that participates in high school varsity and junior varsity programs must follow the guidelines of the Weight Certification Program.

### I. ESTABLISHING MINIMUM WEIGHTS

- A. Bioelectrical impedance (BIA) measurements will be utilized to determine each wrestler's body fat percentage. They will be taken using the Tanita TBF-300W Body Composition Analyzer.

If the Tanita gives an "Error" reading for a wrestler on two consecutive readings, then skin fold measurements will be used to determine body fat percentage at that time. Lange calipers shall be used at three specific sites to measure skin fold (Lohman sites, Abdominal, Tricep, and Subscapularis).

- B. The BIA measurements will be preceded by hydration assessment. A wrestler must pass a specific gravity assessment with less than or equal to 1.025. If the wrestler fails the specific gravity assessment with greater than 1.025, the wrestler must rehydrate and wait at least 48 hours to retest. Digital fiberoptic refractometers shall be used to determine hydration.

Provided the wrestler passes the hydration test, the results of his/her body composition assessment will be entered into the NWCA weight certification internet calculator on the Initial Assessment Page of the NWCA website ([www.nwcaonline.com](http://www.nwcaonline.com)). The internet calculator will automatically determine the wrestler's minimum competitive weight based on the parameters in I.A. above.

- C. Once a wrestler passes the hydration assessment at the site, the measurement process has begun. If a wrestler is removed at any point during this process after the hydration assessment is done, the wrestler's only option to complete the assessment process is via the appeal process. **A one pound clothes allowance will be configured in with the Tanita Scale measurement so that the wrestler shall wear a singlet during the process.**
- D. The lowest weight class in which a wrestler may compete will be determined as follows:
  - 1. If the predicted weight, at 7% body fat for males and 12% for females, is exactly that of one of the weight classes that shall be the wrestler's minimum weight class.
  - 2. If the predicted weight, at 7% body fat for males and 12% for females, falls between two weight classes, they must wrestle at the higher weight class.
  - 3. Any male or female wrestler whose body fat percentage at the time of measurement falls below 7% male/12% female may wrestle at the weight class where their predicted weight (less 2% of that weight) places them.
- E. The deadline date of Feb. 4, 2013, determines if the wrestler will be able to reach his/her MWW. The deadline date minimum wrestling weight is calculated by using 1.5% of his/her body weight lost per week from the initial assessment to the deadline date. This MWW determined by the deadline date will only be used if it is higher than the MWW.

## II. TIME PERIOD FOR BIA MEASUREMENTS

- A. Regardless of when a wrestler first participates in a practice session, he/she may not compete at the varsity or junior varsity level (exhibition matches) until his/her minimum weight has been determined and his/her name and data has been entered into the NWCA program.
- B. BIA measurements (including all appeals) must be conducted on or after Oct. 13 of this year and must be completed by Dec. 15, 2012. All eligible athletes or those becoming eligible at the semester break must meet this requirement. Any athlete failing to meet this requirement shall apply to the AHSAA Executive Director for acceptance on a case by case basis.
- C. The controlled weight loss starting date ("Alpha date") will be Saturday, Oct. 13 (The first practice date is Oct. 29).
- D. If BIA measurements are completed after the first official practice date, the "alpha date" will be the date BIA measurements are completed.

### III. CONDUCTING MEASUREMENTS

Encore Rehabilitation Corporation has been approved to fill this need. The four testing dates with eight sites/locations below will also be listed on the AHSAA website ([www.ahsaa.com](http://www.ahsaa.com)).

<b>Sites</b>	<b>Locations</b>	<b>Dates</b>
Auburn	Auburn High School	October 27, 2012
Homewood	Homewood High School	October 27, 2012
Madison	Bob Jones High School	November 3, 2012
Trussville	Hewitt-Trussville H.S.	November 3, 2012
Montgomery	St. James School	November 10, 2012
Hoover	Hoover High School	November 10, 2012
Athens	Athens High School	November 17, 2012
Fultondale	Fultondale High School	November 17, 2012

Pre-scheduled time slots will be used at all of the locations listed above. A coach must contact Encore Rehabilitation Corporation (Bridget Henderson at 256-784-5600) to schedule a time slot for his/her team. The times will begin at 9:00 a.m. and will be set up in half-hour intervals ending at 12 noon. (Ex: 9:00, 9:30, 10:00, 10:30, 11:00, 11:30). The complete team and coach shall arrive 30 minutes prior to its scheduled time slot in order to register. The coach must bring a complete listing of the athletes names along with the complete payment for the team's processing fees.

### IV. GROWTH ALLOWANCE

A two-pound growth allowance shall be added to each weight class after Dec. 25. The weight classes remain the same for the purposes of the weight management program.

### V. WEEKLY WEIGHT LOSS MONITORING (using the NWCA Optimal Performance Calculator (OPC))

All wrestlers will be limited to losing no more than 1.5% of their body weight per week as they make their descent toward their pre-determined minimum wrestling weight. The wrestler's assessment data which is entered into the NWCA OPC program generates an Individual Weight Loss Plan for each wrestler. (Please refer to the AL Coaches Instructions: How to view an Individual Weight Loss Plan). This rule will be monitored as follows:

- A. At each weigh-in during the season, each coach must present his/her team's pre-match weigh-in form for that date to the match/tournament host director/coach. The pre-match weigh in form proves the wrestler's eligible weight class for that date of competition. This form is created and printed using the NWCA OPC Program. (Please refer to the AL Coaches Instructions: Creating a Pre-Match Weigh in Form)
- B. Post-match, all coaches will be required to finish their previously created weigh-in form by entering/typing their wrestlers's actual weigh-in weights and saving them using the NWCA OPC Program. After each match the actual weigh-in

weights must be entered and saved prior to creating a new pre-match weigh-in form for your next competition date. (Please refer to the AL Coaches Instructions: Record Actual Weigh-in Weights Post-Match)

- C. It is required that this task is completed prior to a team's next competition date. The wrestler's actual weigh-in weight data entered into this screen will be public information. Failure to enter the wrestler's actual weigh-in weight post-match will result in a warning the first time. Any further violations will render all wrestlers ineligible to compete on the next day of competition.
- D. In the event that any wrestler exceeds the 1.5% weekly weight loss rule, an email will be generated directly to the AHSAA office and to the responsible school. Any wrestler's first violation of the weekly weight loss rule will receive a warning. If further violations occur by the same wrestler, he/she will not be permitted to compete in the next two competition dates.
- E. All Head Coaches of participating teams in dual meets and tournaments will be required to record their wrestler's actual weigh-in weights post-match to be eligible for the post season competition. All coaches will be required to present a pre-match weigh-in form at their Section Tournament Seeding Meeting showing their wrestler's eligibility. (Please refer to the AL Coaches Instructions: Creating a Pre-Match Weigh-in Form).

## **VI. APPEAL PROCESS**

Any wrestler may appeal his/her body fat composition calculations. Results obtained at any step of the process are automatically accepted. The athlete has no choice. The steps of the appeal process are as follows:

- A. First Appeal** - A complete retest of a wrestler by the same certified measurer of first test (Encore). The First Appeal must be in writing to the State Office and signed by the coach and administrator. Included must be the athlete's name, date of measurement, and site of the First Appeal measurement. This must be done within 4 days of measurement after the results have been posted on the website. There is a \$25 charge for this appeal and payable to the measurer at time of retest. All appeals will be scheduled with Encore (Bridget Henderson 256-773-6725) at the Encore Decatur West Clinic or the next appropriate scheduled test site.
- B. Second and Final Appeal**
  - 1. A complete retest of a wrestler by the same certified measurer of first appeal test (Encore). The Second Appeal must be in writing to the State Office and signed by the coach and administrator. Included must be athlete's name, date of measurement, and site of the First Appeal measurement. This must be done within 4 days of measurement after the results have been posted on the website. There is a \$30 charge for this appeal and payable to the measurer at time of retest. All appeals will be scheduled with Encore (Bridget Henderson 256-773-6725) at the Encore Decatur West Clinic.

2. The Second and Final Appeal will be done with the results of this test being deemed final and completely binding.

## **VII. NUTRITION EDUCATION**

Each school shall provide a nutrition education program for all wrestlers and parents. This should be done in a pre-season meeting of parents and student-athletes. In addition to information given out at the meeting, wrestlers and parents should receive an orientation on the functionality of the integrated nutrition component of the NWCA Weight Certification Internet Calculator Program. Once all of the assessment data is entered into the NWCA program, unique passwords will be automatically generated for each wrestler. This allows each wrestler to go home and build a customized diet that honors his/her weight loss plan.

## **VIII. COSTS**

All member schools will be assessed a fee of \$30 payable to the NWCA in advance. In addition, \$20 per student-athlete will be assessed and made payable to Encore Rehabilitation Corporation in advance to help offset its costs. Retest fee (failed hydration) will be \$10 per student-athlete.

## **Wrestling Officials Fees**

### **Regular Season:**

High School Varsity (Dual Match) = \$45.00 per official per match

High School Varsity (Tri-Match) = \$85.00 per official per match

Junior Varsity (Dual Match) = \$40.00 per official per match

Junior Varsity (Tri-Match) = \$60.00 per official per match

Junior High (7-9) (Dual Match) = \$35.00 per official per match

Junior High (7-9) (Tri-Match) = \$55.00 per official per match

Eight-Team Tournament = \$130.00 per official per match

Sixteen-Team Tournament = \$180.00 per official per match

Mileage = The maximum allowed as indicated by the AHSAA Online Mileage Calculator based on the allowed mileage rate as determined by the State Department of Education.

### **Championship Playoffs:**

No crew mileage will be paid. A mileage allowance per official will be included in the total fee payment.

The host school will pay the officials onsite and account for those payments in the Section report submitted to the state office.

The tournament fee per official for Sections will be \$200 plus the Mileage Allowance.

The tournament fee official for State will be \$220 plus the Mileage Allowance.

	2-Member Crew (One Vehicle)
Section Mileage Allowance	\$15
State Finals Mileage Allowance	\$30



# Section Alignment

## CLASS 1A-4A

### SECTION 1

Date: Feb. 8–9

Site: Tallassee

Director: John Mask

American Christian

Alabama School for Blind

Ashville

Calera

Cleburne County

Elmore County

Fultondale

Holtville

Leeds

Lincoln

Montgomery Catholic

Prattville Christian

Ranburne

St. Clair County

Saint James

Tallassee

Walter Wellborn

### SECTION 2

Date: Feb. 8–9

Site: Piedmont

Director: Harley Lamey

Butler

Corner

Deshler

Dora

J.O. Johnson

Madison County

Oak Grove

Ohatchee

Oneonta

Parrish

J.B. Pennington

Piedmont

Saks

Sumiton Christian

Susan Moore

Weaver

Westminster Christian

Wilson

## CLASS 5A

### SECTION 1

Date: Feb. 8–9

Site: Homewood

Director: Kevin Tubbs

Benjamin Russell

Brookwood

Center Point

Homewood

McAdory

Moody

Mortimer Jordan

Pinson Valley

Russell County

Shelby County

Springville

### SECTION 2

Date: Feb. 8–9

Site: Arab

Director: Michael Pruitt

Arab

Athens

Columbia

East Limestone

Fort Payne

Hartselle

Hayden

Muscle Shoals

Scottsboro

Southside-Gadsden

Walker

## CLASS 6A

### SECTION 1

Date: Feb. 8–9

Site: Prattville

Director: Trent Miller

Auburn

Carver-Montgomery

Central-Phenix City

Jeff Davis

Lee-Montgomery

Opelika

Prattville

Smiths Station

Stanhope Elmore

Wetumpka

### SECTION 2

Date: Feb. 8–9

Site: Tuscaloosa County

Director: Jamie Griffin

Chelsea

Hillcrest-Tuscaloosa

Hoover

Mountain Brook

Northridge

Oak Mountain

Pelham

Spain Park

Thompson

Tuscaloosa County

Vestavia Hills

### SECTION 3

Date: Feb. 8–9

Site: Gardendale

Director: Jake Helveston

Clay-Chalkville

Gadsden City

Gardendale

Hewitt-Trussville

Hueytown

Minor

Oxford

Pell City

Shades Valley

### SECTION 4

Date: Feb. 8–9

Site: Grissom

Director: Joe Dasaro

Bob Jones

Buckhorn

Grissom

Huntsville

James Clemens

Lee-Huntsville

Sparkman

## Section Tournaments

1. The brackets for each section tournament will be seeded by the criteria listed below using the NWCA Wrestling program.
2. To be seeded, a wrestler must have a .500 record or have reached seeding criteria A, B or C.  
Seeding criteria:
  - A. Head-to head
  - B. Common opponent
  - C. State champion at current weight
  - D. Overall record (all matches)
  - E. State champion at a different weight

3. If a seeded wrestler cannot compete for any reason, any wrestler(s) seeded lower will be moved up to fill in the bracket. No wrestler may move up a class after the brackets have been drawn.

Prior to the start of a section meet, any wrestler submitted on the certification list may be used as a substitute in case of sickness or injury. If a substitute is used, the bracket for that weight class must be redrawn.

After submitting a section entry, a substitution may be made only at the position where the injury or sickness occurs.

4. If a non-seeded wrestler cannot compete for any reason and no substitute is available, that place in the bracket becomes a bye and the bracket for that weight class must be redrawn.
5. Upon request, each coach must make available weigh-in charts, signed by a match official, for all wrestlers participating in the section tournaments. Copies of score sheets may be used for dual meets and weigh-in charts can be used for tournaments.
6. If a weight class in any division of a section meet has more than eight entries, the meet must be held over a two-day period since no wrestler may compete in more than five matches (championship or consolation) in any one day (Rule 1-2-2).
7. Uniforms and weigh-in times will be in accordance with National Federation rules. Scheduled weigh-ins will be done **by team** by weight class. Weigh-in times will begin two hours prior to the first scheduled match of the tournament. Certified scales must be used.
8. If a wrestler is disqualified during the section tournament for flagrant or unsportsmanlike conduct, that wrestler is eliminated from the section and state tournament, all section points are lost and no alternate will be used in the state tournament.
9. All section meets must have a referee and assistant referee for every match.
10. The first four places in each weight class of Classes 1A-4A and 5A and the first six places in each weight class of Class 6A will be scored. (Note: No wrestler may participate in more than five matches in one day with a minimum of a 45-minute break between each match.) A forfeit counts as participation in a match.
11. In each section, the top four finishers in each weight class will qualify for the state tournament in their division. No alternates need to be determined.
12. Awarding of trophies in the section tournaments is optional and left up to the discretion of each section.
13. An entry fee (maximum \$100 per team and \$20 for an individual) may be assessed to meet expenses of a section tournament.
14. Section tournament admission is \$8 per session.

15. Two coaches in a corner. Wrestlers will not be allowed to sit in the corner. No one will be sitting “matside” with the exception of cheerleaders or newspaper personnel/photographers. Cheerleaders are to sit on sides of mats as to not obstruct view from the bleachers.
16. Participating wrestlers and coaches, one manager per team and one scorer per team will be admitted through the Pass Gate. All other coaches, principals, superintendents and their spouses will be admitted upon presentation of proper professional cards honored by the AHSAA. A maximum of 12 varsity cheerleaders (in uniform) will be admitted for the sessions in which their team is participating.

### **DIRECTOR'S RESPONSIBILITIES**

1. Post section results on NWCA website.
2. Email(dv@cfxsports.com and ralph.stone@huntsvilleal.gov) a list of the state tournament qualifiers (use Form 42B as a guide) to the state tournament director before 1 p.m. Sunday, Feb. 10 A list of wrestling coaches must be with the team qualifiers.
3. Prepare and submit a tournament financial report to the State Office and send copies to each of the participating schools. A form for this purpose will be furnished to each section tournament director by the State Office. The financial report must be filed immediately after the tournament is completed. To determine NET gate receipts, deduct the following from gate receipts:
  - A. Gross Receipts
  - B. Less: Taxes (if applicable)
  - C. Gate Receipts after Taxes
  - D. Entry Fees (if applicable)
  - E. Expenses
    - (1) Officials
      - (a) Fee – \$200 per official per tournament
      - (b) Mileage – \$15 per official per day
    - (2) Scorers
    - (3) Timers (2)
    - (4) Announcer
    - (5) Trophies
  - F. Net Receipts for Distribution
  - G. Distribution of Net Receipts
    - (1) 40 percent to Host School
    - (2) 30 percent to Participating Schools
    - (3) 30 percent to AHSAA

# State Tournament

**DATE:** Feb. 14–16

**SITE:** Huntsville—Von Braun Center

**DIRECTOR:** Ralph Stone

**Phone:** 256-427-6749. Fax: 256-427-6757

**Email:** ralph.stone@huntsvilleal.gov

**ADMISSION:** \$10 per day

**TEAM ADMISSION:** All members of a participating team (qualifiers and non-qualifiers) will be admitted through the Pass Gate. A qualifying team that does not compete in the state tournament until the second day may be admitted as a team on the first day of competition.

**MEDIA REQUESTS AND BROADCASTS:** See Media link on the AHSAA website ([www.ahsaa.com](http://www.ahsaa.com)).

**DIVISIONS:** 1A-4A, 5A, 6A

## SCHEDULE:

### Thursday (February 14)

10:00 a.m.	Officials Meeting
11:00 a.m.	Coaches Meeting (6A)
11:30 p.m. – 12:30 p.m.	Class 6A Weigh-In (shoulder-to-shoulder)
1:00 p.m. – 3:00 p.m.	Class 6A Prelims
3:00 p.m. – 3:30 p.m.	Break
3:30 p.m. – 4:45 p.m.	Class 6A Consolation Round 1 (6 mats)
4:45 p.m. – 5:00 p.m.	Break
5:00 p.m. – 6:15 p.m.	Class 6A Quarter-Finals (6 mats)

### Friday (February 15)

8:00 a.m.	Coaches Meeting (1A-4A, 5A)
8:00 a.m. – 9:00 a.m.	Weigh-In (all classes, shoulder-to-shoulder)
9:30 a.m. – 12:30 p.m.	Class 6A Consolation Round 2
	Class 5A Quarter-Finals
	Class 1A-4A Quarter-Finals
12:30 p.m. – 1:00 p.m.	Break
1:00 p.m. – 3:00 p.m.	Championship Semi-Finals (all classes)
3:00 p.m. – 3:30 p.m.	Break
3:30 p.m. – 5:15 p.m.	Consolation Quarter-Finals (all classes)
5:15 p.m. – 5:45 p.m.	Break
5:45 p.m. – 7:15 p.m.	Consolation Semi-Finals (all classes)

### Saturday (February 16)

8:00 a.m. – 8:45 a.m.	Weigh-In (shoulder-to-shoulder)
9:00 a.m. – 10:30 a.m.	Consolation Finals
	Class 6A 5th-6th Place Round
10:30 a.m. – 11:30 a.m.	Break
11:30 a.m. – 3:15 p.m.	Championship Finals (3 mats – one mat per division)

**RULES:** The tournament will be governed by AHSAA and National Federation rules.

**UNIFORMS:** In accordance with Rule 4-1 of the National Federation rules.

**COACHES MEETINGS:** Feb. 14 (Class 6A) and Feb. 15 (Classes 1A-4A and 5A) at the site

**ENTRY DEADLINE:** Deadline for scratching any qualifiers is 8 a.m. Wednesday, Feb. 13, and the state director must be notified. A State Meet Entry Form is NOT required from each school with a qualifier and **MUST NOT BE FAXED OR MAILED** to the State Director.

**ENTRIES:** Four participants per weight class will qualify from each section. If a qualifier is scratched prior to the deadline, the other three qualifiers will remain in the positions earned at the section meet.

**FORMAT:** In each division, the four qualifiers in each weight class from each section will be placed in a pre-drawn bracket. Classes 1A-4A and 5A will use an eight-team, double elimination bracket and Class 6A a 16-team, double elimination bracket. Brackets of all three divisions will use cross-bracketing in the consolation bracket.

No re-seeding will be done in the 1A-4A or 5A divisions at the state tournament. In the 6A division, the four section champions will be seeded based on the following criteria:

- A. Head-to-head
- B. Common opponent
- C. State champion at current weight
- D. Overall record (all matches)
- E. State champion at a different weight

Other 6A qualifiers will be placed in the pre-drawn brackets based on where their section champion is seeded.

#### **Bracket (6A only)**

- \_\_\_\_\_ #1 seed
- \_\_\_\_\_ #4 from 4<sup>th</sup> seed section
- \_\_\_\_\_ #3 from 2<sup>nd</sup> seed section
- \_\_\_\_\_ #2 from 3<sup>rd</sup> seed section
  
- \_\_\_\_\_ #2 from 2<sup>nd</sup> seed section
- \_\_\_\_\_ #3 from 3<sup>rd</sup> seed section
- \_\_\_\_\_ #4 from 1<sup>st</sup> seed section
- \_\_\_\_\_ #4 seed
  
- \_\_\_\_\_ #3 seed
- \_\_\_\_\_ #4 from 2<sup>nd</sup> seed section
- \_\_\_\_\_ #3 from 4<sup>th</sup> seed section
- \_\_\_\_\_ #2 from 1<sup>st</sup> seed section

- \_\_\_\_\_ #2 from 4<sup>th</sup> seed section
- \_\_\_\_\_ #3 from 1<sup>st</sup> seed section
- \_\_\_\_\_ #4 from 3<sup>rd</sup> seed section
- \_\_\_\_\_ #2 seed

Coaches of all section champions have from the end of the section tournament until 3 p.m. Sunday to go back into Trackwrestling and confirm all seeding information needed to be used in seeding the tournament (ex., head-to-head, common opponent, overall record, etc.).

**SCORING:** Top four places in each weight class in classes 1A-4A and 5A and top six places in class 6A.

**ELIGIBILITY:** Participants must be eligible under AHSAA rules.

**OFFICIALS:** Assigned by the State Office.

**AWARDS:**

- (a) Trophies to the team winner and runner-up in each division
- (b) Medals to first four places in each weight class plus 5th and 6th places in 6A
- (c) Plaques to the Most Valuable Wrestler, Best Match and Most Pins (Least pin time is criteria for breaking ties.)

**AWARDS PRESENTATION:** Awards will be made at the conclusion of each championship final.

1. State qualifiers, two team coaches, one manager per team and one scorer per team will be admitted through the Skate Lobby entrance of the Von Braun Center. All non-qualifying wrestlers will be admitted through the Pass Gate located in the Main Lobby of the Von Braun Center Arena. All other coaches, principals, superintendents and their spouses will be admitted upon presentation of proper professional cards honored by the AHSAA.  
A maximum of 12 cheerleaders (in uniform) will be admitted for the sessions in which their team is participating through the Pass Gate in the Main Lobby of the Von Braun Center Arena.
2. Weigh-ins with certified scales will be conducted each day of the tournament in accordance with National Federation Rules. The shoulder-to-shoulder weigh-ins will be conducted by class at designated times. All wrestlers must be present in the weigh-in area at their designated time.
3. If a qualifier fails to meet weight requirements, the qualifier will be forfeited out of the tournament and the first round opponent will receive forfeit points.

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**INDOOR  
TRACK**

**Coaches Track Committee**  
**(Listed By Districts)**

(1) Pat Galle, UMS-Wright. (2) Eldrick Hill, Dothan; Bi-District—Phillip Jones, Charles Henderson. (3) Kevin Weatherill, Montgomery Academy. (4) Glenn Copeland, Beauregard; Bi-District—Sabrina Milligan, Dadeville. (5) Devon Hind, Hoover. (6) Mark Mitchell, Cedar Bluff. (7) Matt Noah, Muscle Shoals; James Phillips, Phillips. (8) Keith Wilemon, Falkville.

# The Championship Program

**First Practice—Nov. 16    First Contest—Dec. 7**

## Online Requirements For All Sports

### POSTING SCHEDULES

Schools must post season schedules on the AHSAA website Member Section by the deadline dates listed below. Failure to do so could result in a fine assessed to the school. Schools may go online and make any changes immediately as they occur.

Deadlines for posting schedules:

March 1 — fall sports (football, volleyball, cross country, swimming)

Sept. 15 — winter sports (wrestling, basketball, indoor track)

Jan. 15 — spring sports (baseball, softball, outdoor track, soccer, golf and tennis)

### POSTING ROSTERS

Schools are required to post team rosters prior to its first contest of the season.

### POSTING SCORES

Schools are also required to post scores of contests online immediately following all contests in the regular season (and within 24 hours after regular season tournaments) and in the playoffs or be subject to a fine.

In the post-season playoffs, failure to report scores immediately after a contest will subject the school to a fine.

1. The indoor track program consists of three divisions for boys and three divisions for girls with competition in a state meet. Divisions are: 1A-2A-3A-4A, 5A and 6A. A student may compete in only one division during the same regular season or championship meet.
2. Each high school is limited to five meets, one of which must be during the holidays with no loss of school time prior to the state meet. All meets must be held on weekends with no loss of school time.  
Each junior high/middle school is limited to three meets with no loss of school time prior to a season-ending invitational.
3. All participants must be eligible under AHSAA rules.
4. All meets will be conducted under National Federation rules.

5. Headwear-Jewelry-Electronics: The games committee may restrict the wearing of items that are worn in excess of the school-issued uniform allowed by Rule 3-2-4. Hats or sunglasses (except prescription sunglasses) are not permitted. A pole vault helmet is the only headwear permitted.

Jewelry, including wristbands and rubber bands, shall not be worn. A single watch may be worn around the wrist. Earrings covered with tape for any purpose may not be worn. Beads in the hair is considered jewelry and may not be worn.

Medical alert medals are not considered jewelry but should be visible. When the medal is attached to a bracelet or necklace made of metal or an unyielding material, it shall be taped to the body. When the medal is attached to a pliable material, it is not required to be taped to the body. Religious medals are not considered jewelry, but must be worn under the uniform and taped to the body.

Soft head band(s), ribbon(s) or soft pony tail holder(s) made of cloth, rubber or elastic materials may be worn. Unadorned devices such as bobby pins, barrettes and hair clips no longer than 2 inches may be worn.

Electronic devices, including cell phones, pods, cameras, two-way radios used for coaching purposes or for personal reasons, are not allowed in the competition area by coaches or athletes.

6. All AHSAA track and field rules will apply except where modified under Special Rules.
7. Competition is held in the following events:

#### **1-4A, 5A, 6A**

##### **Boys**

Long Jump  
Shot Put  
High Jump  
Triple Jump  
Pole Vault  
60 m Dash  
60 m HH  
400 m Dash  
800 m Run  
1600 m Run  
3200 m Run  
800 m Relay  
1600 m Relay  
3200 m Relay

##### **Girls**

Long Jump  
Shot Put  
High Jump  
Triple Jump  
Pole Vault  
60 m Dash  
60 m LH  
400 m Dash  
800 m Run  
1600 m Run  
3200 m Run  
800 m Relay  
1600 m Relay  
3200 m Relay

## Special Rules

1. Coaches should not enter any student who has not practiced or trained in his/her event.
2. All competition will be conducted under National Federation Rules. A participant may not be entered in more than four events, excluding relays. A participant may not compete in more than four events, including relays.  
In junior high and middle school competition, a participant may not compete in more than three events.
3. Coaches are not allowed on the arena floor. Athletes not participating must remain in the stands. The arena floor must remain clear of non-participants at all times.
4. Coaches shall inform their participants where and at what time each event is to be run. All divisions include separate competition for boys and girls.
5. Participants, including relay teams, shall report to the Clerk of Course 15 minutes before the race. The starter will not wait for late competitors in an event. Numbers must be worn by all running event participants. Relay teams must receive instructions before each race and the fourth runner will be given a number.
6. A 1 minute time limit will be enforced in all field events except the pole vault, which will have a  $1\frac{1}{2}$  minute time limit. At the beginning of competition, all vaulters will weigh-in and poles will be verified.
7. All events shall be run in the order scheduled.
8. The length of spikes is restricted to a maximum of  $\frac{1}{4}$  inch (pyramid only). Participants wearing longer spikes will be disqualified (by inspection). Needle spikes will not be allowed.
9. Starting blocks will be furnished. No other equipment may be used.
10. Only rubber shots may be used. Boys will throw the 12 lbs (5.443 kg) shot; girls the 8 lbs. 13 oz. (4.0 kg) shot.  
Minimum distances allowed are:

6A girls — 27'	6A boys — 37'
5A girls—25'	5A boys—35'
1A-4A girls — 23'	1A-4A boys — 33'
11. Long jump minimum distances are as follows:

Girls — 13'6"	Boys — 17'6"
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12. Triple jump minimum distances are as follows:

Girls—28'

Boys—37'

13. Hurdles

(a) The boys (39") hurdles will be over 5 hurdles spaced as follows: 45' to the first hurdle, 30' between hurdles, and 15' from the last hurdle to the finish line.

(b) The girls (33") hurdles will be over 5 hurdles spaced as follows: 42'8" to first hurdle, 27'10" between hurdles, and 26' from the last hurdle to the finish line.

14. A pole vaulter's weight shall be at or below the manufacturer's pole rating, which shall be located above the hand-hold band. (See Rule 7-4-3).

Minimum pole vault starting heights are as follows:

6A girls—8'

6A boys—11'

5A girls—8'

5A boys—11'

1A-4A girls—6'

1A-4A boys—8'6"

15. High jump minimum starting heights are as follows:

6A girls—4'6"

6A boys—5'6"

5A girls—4'2"

5A boys—5'4"

1A-4A girls—4'2"

1A-4A boys—5'4"

16. Only verified indoor automatic times will be accepted for seeding purposes. Others will be accepted but will not be seeded. Relay splits may not be used.

17. Scoring is 10-8-6-5-4-3-2-1 for all individual events and relays.

18. No artificial noisemakers (radios, etc.) are allowed at section or state meets or in AHSAA-sanctioned meets. No radios will be permitted inside the arena during the State Meet.

# State Meet

**DATE:** Feb. 1–2

**SITE:** Birmingham CrossPlex

**MEET DIRECTOR:** Houston Young, Gulf Shores  
**Phone:** 334-413-4309 (cell)  
**Fax:** 251-974-1094.  
**E-mail:** Houston211@hotmail.com

**MEET REFEREE:** Bob Lambert, Track Coach Emeritus, Troy State University

**ENTRIES:** A school may enter two participants in each individual event but only one relay team. A participant may not be entered in more than four events, excluding relays. A participant may not compete in more than four events, including relays.

**ENTRY DEADLINE:** Submit entries online at [alabamarunners.com](http://alabamarunners.com) by midnight on Monday, Jan. 28, after which no entries will be accepted.

All substitutions, changes and scratches must be made by noon on Wednesday, Jan. 30, via email to Xpress Timing at [xpress28@aol.com](mailto:xpress28@aol.com). No additions may be made.

The only changes and substitutions permitted at the meet will be those necessitated by verified sickness or injury and approved by the Jury of Appeals.

**SEEDING:** Based on times at regular season indoor performances at the CrossPlex.

**DIVISIONS:** 1A–4A, 5A and 6A for boys and girls

**PROTEST FEE:** \$25

**ADMISSION:** \$10 per day

(Note: Non-participating coaches must have a valid 2012–13 coaches' card for admission. Only athletes listed as competitors will be allowed to enter the facility with their team as meet athletes. All coaches are subject to having their coaching credentials checked at championship events.)

**OFFICIALS:** An AHSAA-registered official is assigned to each event.

**SHOT PUT GUIDELINE:** Heavier warm-up shot puts may not be brought into the arena.

**AWARDS:** (a) Trophies to the team winner and runner-up in each division  
(b) Medals to the first three places in each event

## MEET SCHEDULE

Friday (Feb. 1)

### Track Events:

(Girls will run before boys in each event class except the hurdles)

12 Noon	3200 m Run Finals*	1A-4A, 5A, 6A
2:40	60 m Hurdles Semi-Finals (all girls lows then boys highs)	1A-4A, 5A, 6A
3:40 pm	60 m Dash Semi-Finals*	1A-4A, 5A, 6A
4:45 pm	800m Run Finals	1A-4A, 5A, 6A
6:00 pm	800 m Relay Finals	1A-4A, 5A, 6A

### Field Events:

	<u>Long Jump</u>	<u>Shot Put</u>	<u>Pole Vault</u>	<u>Triple Jump</u>
11:30 am	6A Boys	5A Girls	6A Girls	1A-4A Boys
11:30 am			5A Boys	
2:00 pm		6A Boys	5A Girls	1A-4A Girls
2:00 pm			1A-4A Boys	
2:30 pm	5A Boys			
4:00 pm			6A Boys	6A Girls
4:00 pm			1A-4A Girls	
4:45 pm	1A-4A Girls	5A Boys		

Saturday (Feb. 2)

### Track Events:

(Girls will run before boys in each class except the hurdles)

9:00 am	400 m Dash Finals	1A-4A, 5A, 6A
11:00 am	1600 m Run Finals*	1A-4A, 5A, 6A
1:00 pm	60 m Hurdles Finals (all girls lows then boys highs)	1A-4A, 5A, 6A
1:15 pm	60 m Dash Finals*	1A-4A, 5A, 6A
1:45 pm	3200 m Relay Finals	1A-4A, 5A, 6A
4:15 pm	1600 m Relay Finals	1A-4A, 5A, 6A

### Field Events:

	<u>Long Jump</u>	<u>High Jump</u>	<u>Shot Put</u>	<u>Triple Jump</u>
9:00 am	6A Girls	6A Boys	1A-4A Boys	5A Girls
9:00 am		1A-4A Girls		
11:30 am			6A Girls	6A Boys
1:00 pm	1A-4A Boys			
2:00 pm		5A Boys	1A-4A Girls	
2:00 pm		5A Girls		
2:30 pm				5A Boys
4:00 pm		1A-4A Boys		
4:00 pm	5A Girls	6A Girls		

\*After these running events, the track goes up or down before the next races (process takes approximately 15 minutes).

Note: The schedule above is tentative and subject to adjustment depending on the number of entries.



## 2012

SMTWTFSS	JANUARY	FEBRUARY	MARCH	SMTWTFSS
	1 2 3 4 5 6 7	1 2 3 4		1 2 3
	8 9 10 11 12 13 14	5 6 7 8 9 10 11	4 5 6 7 8 9 10	
	15 16 17 18 19 20 21	12 13 14 15 16 17 18	11 12 13 14 15 16 17	
	22 23 24 25 26 27 28	19 20 21 22 23 24 25	18 19 20 21 22 23 24 25	
	29 30 31	26 27 28 29	25 26 27 28 29 30 31	
SMTWTFSS	APRIL	MAY	JUNE	SMTWTFSS
	1 2 3 4 5 6 7	1 2 3 4 5		1 2
	8 9 10 11 12 13 14	6 7 8 9 10 11 12	3 4 5 6 7 8 9	
	15 16 17 18 19 20 21	13 14 15 16 17 18 19	10 11 12 13 14 15 16	
	22 23 24 25 26 27 28	20 21 22 23 24 25 26	17 18 19 20 21 22 23 24	
	29 30	27 28 29 30 31	24 25 26 27 28 29 30	
SMTWTFSS	JULY	AUGUST	SEPTEMBER	SMTWTFSS
	1 2 3 4 5 6 7	1 2 3 4		1
	8 9 10 11 12 13 14	5 6 7 8 9 10 11	2 3 4 5 6 7 8	
	15 16 17 18 19 20 21	12 13 14 15 16 17 18	9 10 11 12 13 14 15	
	22 23 24 25 26 27 28	19 20 21 22 23 24 25	16 17 18 19 20 21 22 23	
	29 30 31	26 27 28 29 30 31	23 24 25 26 27 28 29 30	
SMTWTFSS	OCTOBER	NOVEMBER	DECEMBER	SMTWTFSS
	1 2 3 4 5 6	1 2 3		1
	7 8 9 10 11 12 13	4 5 6 7 8 9 10	2 3 4 5 6 7 8	
	14 15 16 17 18 19 20	11 12 13 14 15 16 17	9 10 11 12 13 14 15	
	21 22 23 24 25 26 27	18 19 20 21 22 23 24	16 17 18 19 20 21 22 23	
	28 29 30 31	25 26 27 28 29 30	23 24 25 26 27 28 29 30 31	

## 2013

SMTWTFSS	JANUARY	FEBRUARY	MARCH	SMTWTFSS
	1 2 3 4 5	1 2	1 2	
	6 7 8 9 10 11 12	3 4 5 6 7 8 9	3 4 5 6 7 8 9	
	13 14 15 16 17 18 19	10 11 12 13 14 15 16	10 11 12 13 14 15 16	
	20 21 22 23 24 25 26	17 18 19 20 21 22 23	17 18 19 20 21 22 23	
	27 28 29 30 31	24 25 26 27 28	24 25 26 27 28 29 30 31	
SMTWTFSS	APRIL	MAY	JUNE	SMTWTFSS
	1 2 3 4 5 6	1 2 3 4	1	
	7 8 9 10 11 12 13	5 6 7 8 9 10 11	2 3 4 5 6 7 8	
	14 15 16 17 18 19 20	12 13 14 15 16 17 18	9 10 11 12 13 14 15	
	21 22 23 24 25 26 27	19 20 21 22 23 24 25	16 17 18 19 20 21 22 23	
	28 29 30	26 27 28 29 30 31	23 24 25 26 27 28 29 30	
SMTWTFSS	JULY	AUGUST	SEPTEMBER	SMTWTFSS
	1 2 3 4 5 6	1 2 3	1 2 3 4 5 6 7	
	7 8 9 10 11 12 13	4 5 6 7 8 9 10	8 9 10 11 12 13 14 15	
	14 15 16 17 18 19 20	11 12 13 14 15 16 17	15 16 17 18 19 20 21 22	
	21 22 23 24 25 26 27	18 19 20 21 22 23 24	22 23 24 25 26 27 28	
	28 29 30 31	25 26 27 28 29 30 31	29 30	
SMTWTFSS	OCTOBER	NOVEMBER	DECEMBER	SMTWTFSS
	1 2 3 4 5	1 2	1 2 3 4 5 6 7	
	6 7 8 9 10 11 12	3 4 5 6 7 8 9	8 9 10 11 12 13 14	
	13 14 15 16 17 18 19	10 11 12 13 14 15 16	15 16 17 18 19 20 21 22	
	20 21 22 23 24 25 26	17 18 19 20 21 22 23	22 23 24 25 26 27 28	
	27 28 29 30 31	24 25 26 27 28 29 30	29 30 31	

## 2014

[illegible]

# CORPORATE PARTNERS

